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A FILIPINO-CANADIAN NEWSPAPER

VOICES UNITED! FCJN Launched in Western Canada



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PBBM VISITS CANADA

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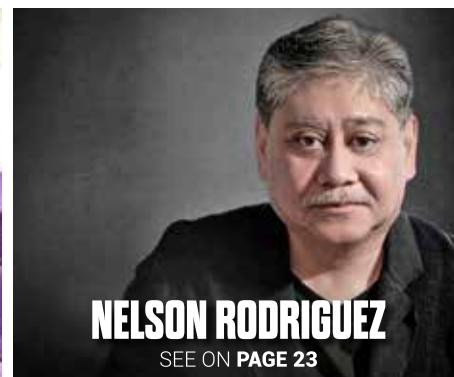
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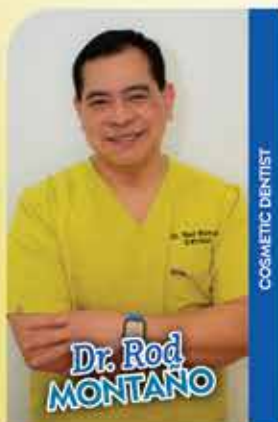


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Lito Mendoza Velasco

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Nagagalit ka dahil nagawa ng kapwa mo ang hindi mo nagawa o hindi mo magawa? Medyo tamad ka kase o kulang ang iyong kaalaman. Nagagalit ka dahil ayaw mong makita na ginagawa ng kapwa mo ang nagawa mo? Ayaw na ayaw mong mahigitan ka.

Nagagalit ka dahil palagi kang pinapagalitan ng mga magulang mo noon, na hindi mo kayang labanan? Kung kaya naman, ang inuupakan mo ngayon ay iyong mga taong hindi marunong lumaban.

Saan ka diyan, kabayan?

ALBERTA
CHRONICLE

A FILIPINO-CANADIAN NEWSPAPER

EDITORIAL TEAM

ABC PUBLISHING HOUSE Publisher

LITO MENDOZA VELASCO EIC / Founder

MERVIN CERENO Office Administrator

JOHN VINCENT DEYRO Associate Editor / Photojournalist

MARIA "HEART" DAGATAN Marketing Manager / Columnist

ALBERTO GARCIA Columnist / Photojournalist

JONATHAN LANCE C. JIMENEZ Proofreader

ZAM MARCELINO Layout Artist

CONTACT US

Cellphone Numbers:

+1(780) 655-5126, +1(780) 885-7112

Email: albertachronicle2024@gmail.com

Office: 8260 229 St. NW, Edmonton T5T 7N7

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STATEMENT

July 15, 2026



FCJN STANDS WITH JOURNALISTS AND MEDIA WORKERS AFFECTED BY ROGERS MASS LAYOFFS

The Filipino-Canadian Journalists Network (FCJN) stands in solidarity with the journalists at OMNI FILIPINO and other media workers affected by Rogers Sports & Media's decision to cut 230 positions and shut down six radio stations.

These cuts not only reduce the number of journalists. Worse, they will reduce representation, which may be akin to diminished diversity of voices inside Canadian newsrooms. Without those voices, many communities are less likely to see themselves reflected in the news.

Filipino and other ethnocultural journalists bring valuable perspective, language skills, and community connections that help newsrooms uncover overlooked stories and report them more accurately.

We share the Canadian Association of Journalists' concern that reductions in local newsrooms "diminish our collective knowledge and our responsibility to democracy."

We also agree with Unifor's position that every newsroom closure leaves communities "less informed, less connected and less able to hold powerful institutions to account."

FCJN calls on Rogers to work with Unifor to minimize involuntary job losses, protect local reporting, and ensure newsroom restructuring does not further silence underrepresented voices.

Canada needs more voices telling its stories. Stop the mass layoff.



<https://fcjn.ca>



+1 825 733 1230



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BILLY MORIN
MP | EDMONTON NORTHWEST

780-634-7499
billy.morin@parl.gc.ca

BOTH SIDES OF THE COIN

By Lito Mendoza Velasco

THE QUESTION:

Why do I have to agree or disagree with Alberta separating from Canada?

Any big question about our future deserves more than a yes or no. Alberta separation touches money, law, identity, and daily life. To decide where you stand, it helps to see both sides of the coin.

SIDE 1: Reasons People Say "I AGREE with Alberta Separation"

Fiscal Control

Supporters argue Alberta sends more to Ottawa in taxes and equalization than it receives back in many years. As a separate country, they say more of that revenue could stay here for healthcare, schools, and infrastructure.

Resource Decision-Making

Proponents want Alberta to set its own rules on energy, pipelines, and the environment without federal approvals or carbon pricing. The goal: faster project approvals and direct trade deals with the U.S. and overseas.

Policy Alignment

The case here is about laws that fit Alberta's economy and values. Supporters point to differences on emissions, energy policy, and gun legislation, and argue a separate Alberta could design its own CPP, EI, and immigration programs.

Political Voice

With 37 seats out of 343 in Parliament, some Albertans feel their priorities are outvoted. Separation advocates want a government fully accountable to 4.8 million Albertans.

Core argument: More local control, more Alberta revenue in Alberta, and policies made in Alberta for Alberta.

SIDE 2: Reasons People Say "I DISAGREE with Alberta Separation"

Economic Integration

Opponents point to deep ties. Most Alberta exports move through other provinces to ports and U.S. markets. Leaving means renegotiating trade, pipelines, rail, currency, banking, and splitting federal debt.

Shared Programs and Services

Canada currently provides CPP, EI, RCMP, national defense, border services, air traffic, and disaster relief. A separate Alberta would have to build or buy replacements — at significant cost and time.

Treaties and Indigenous Relations

Treaties were signed with the Crown of Canada. Separation would require new negotiations with First Nations and Métis governments in Alberta on land, rights, and governance.

Bargaining Power and Stability

As part of Canada, Alberta negotiates as part of the world's 5th largest economy. Alone, it would face a new international border with 3 provinces and 1 territory, affecting supply chains for food, medicine, and goods. Core argument: It is costly and complex to untangle 160+ years of shared systems, and staying preserves market access, programs, and collective bargaining power.

THE COIN ITSELF:

What Separation Would Actually Require

Whether you agree or disagree, the law sets a path:

A clear referendum question and a clear majority
Negotiations with Canada on assets, debt, borders, and programs

Creation of new institutions: currency, central bank, foreign affairs, etc.

Legal Process

This is not opinion. It's the law both sides must follow.

1) Citizen Initiative Act, RSA 2003, c. C-2.5, as amended May 15, 2025 — sets petition rules: 10% of votes cast, 120 days.

2) Clarity Act, S.C. 2000, c. 26 — requires "clear question" + "clear majority" + negotiations.

3) Supreme Court of Canada, Reference re Secession of Quebec, 2 S.C.R. 217 — no unilateral secession. Must negotiate assets, debt, borders.

That process affects every family, business, and community group in the province.

WHERE THAT LEAVES US

Agreeing means choosing more autonomy and direct control, with the trade-off of building new national systems from scratch.

Disagreeing means choosing to keep existing Canadian programs and market access, with the trade-off of continuing federal policies some Albertans oppose.

There is no neutral outcome. Both choices have benefits and costs.

So, the real question is not just "separate or not."

It is: Which set of trade-offs are we, as Albertans, willing to live with for the next generation?

That is why we must think about both sides of the coin.

What do you think? Send your thoughts to albertachronicle2024@albertachronicle.com. The Chronicle will publish a choice of reader responses in the next issue.

IMPEACH O HINDI? Ang Dalawang Mukha ng Labanan para sa Kinabukasan ng Pilipinas

Sa gitna ng matinding bangga ng politika, isang tanong ang paulit-ulit: Dapat bang ma-impeach si Vice President Sara Duterte?

Kung tunay kang nagmamalasakit sa Pilipinas, mahalagang makita ang dalawang panig nang malinaw at walang kinikilingan.

PAGHAHAMBING:

MULA SA PUNTO NG DEPENSA AT MGA KAALYADO: BAKIT KAILANGANG MA-IMPEACH SI VP SARA DUTERTE?

Ang pangunahing batayan ng mga artikulo ng impeachment na inihain sa Kamara ay nakasentro sa 4 na isyu:

1. Paggamit ng Confidential Funds ng OVP at DepEd

- **Ebidensyang inilatag:** Ayon sa Commission on Audit, may mga "Notice of Disallowance" at tanong sa liquidation ng **125 Milyon na confidential funds** ng Office of the Vice President na ginastos sa loob ng 11 araw noong 2022, at **112.5 Milyon ng DepEd** noong siya ay Kalihim pa.
- **Argumento:** Dapat managot ang sinumang opisyal sa paggastos ng pondo ng bayan. Ang kawalan ng detalyadong liquidation ay paglabag sa accountability.

2. Pagsalangsang sa Saligang Batas at Betrayal of Public Trust

- **Ebidensyang inilatag:** Mga pahayag ni VP Sara laban sa Pangulo, First Lady, at Speaker, kasama ang "assassination threat" na binanggit niya sa isang press conference noong Nobyembre 2024.
- **Argumento:** Ang mga pahayag na ito ay nakakasira sa institusyon ng Pangulo at nagpapakita ng kawalan ng respeto sa chain of command.

3. Pag-abandona sa Tungkulin sa DepEd

- **Ebidensyang inilatag:** Mga isyu sa procurement, pagbili ng laptops, at learning materials noong panahon niya bilang Kalihim ng DepEd.

- **Argumento:** Bilang dating DepEd Secretary, may pananagutan siya sa mga diumano'y iregularidad sa ahensya.

4. Paglabag sa Code of Conduct for Public Officials

- **Argumento:** Ang asal at mga pahayag ng isang pangalawang pangulo ay dapat maging ehemplo. Para sa prosekusyon, hindi ito nasunod.
- **Konklusyon ng Panig na ito:** Kailangan ang impeachment trial sa Senado para mailitaw ang katotohanan, mapanagot ang mga opisyal, at maprotektahan ang tiwala ng taumbayan sa gobyerno.

MULA SA PUNTO NG DEPENSA AT MGA KAALYADO: BAKIT HINDI KAILANGANG MA-IMPEACH SI VP SARA DUTERTE?

1. Wala pang Final na COA Ruling

- **Argumento:** Ang "Notice of Disallowance" ay hindi pa final. Nasa proseso pa ng pag-apela at pagpapaliwanag. Ayon sa batas, hindi pa ito masasabing korapsyon hangga't hindi final ang desisyon ng COA.
- **Depensa:** Na-liquidate at naipaliwanag na ang karamihan sa confidential funds ayon sa Joint Circular ng DBM, COA, at DILG.

2. Freedom of Speech at Political Differences

- **Argumento:** Ang mga pahayag ni VP Sara ay bahagi ng political discourse. Hindi ito dapat gamitin bilang batayan ng impeachment dahil protektado ito ng kalayaan sa pagpapahayag.
- **Depensa:** Ang "assassination remark" ay binawi at ipinaliwanag bilang reaksiyon sa banta sa kanyang buhay, hindi literal na utos.

3. Pag-atake sa Institusyon, hindi sa Korapsyon

- **Argumento:** Walang direktang ebidensya ng pagnanakaw o personal na benepisyo. Karamihan sa mga paratang ay tungkol sa style, salita, at politika.

- **Depensa:** Ito ay political harassment para pahinain ang kalaban sa 2028 elections.

4. Epekto sa Bayan

- **Argumento:** Sa gitna ng inflation, baha, at problema sa edukasyon at kalusugan, ang impeachment ay maghahati lalo sa bansa at mag-aaksaya ng oras at pera ng gobyerno.
- **Depensa:** Dapat magtrabaho na lang ang gobyerno para sa tao imbes na magbangayan.
- **Konklusyon ng Panig na ito:** Hindi sapat ang ebidensya para sa impeachment. Ang tamang forum ay balota sa halalan, hindi trial sa Senado.

SA ATING MGA PILIPINO, SAAN KA MAN NARORON

Bilang nagmamalasakit na mamamayan, ang tanong ay hindi lang "kakampi ka kanino?" kundi "paano natin makakamit ang katotohanan at katarungan para sa Inang Bayan?"

1. **Alamin ang katotohanan:** Basahin mismo ang Articles of Impeachment, COA reports, at sagot ng OVP. Huwag umasa lang sa social media clips.

2. **Igalaang proseso:** Kung may sala, dapat mapanagot sa tamang korte at tamang ebidensya. Kung wala, dapat protektahan ang pangalan.

3. **Unahin ang bayan:** Anuman ang resulta, dapat manatiling nagkakaisa tayo bilang Pilipino. Ang tunay na kalaban ay kahirapan, hindi kapwa Pilipino.

Ang impeachment ay isang constitutional process. Ito ay pagsubok hindi lang kay VP

Sara, kundi sa ating mga institusyon.

Ang huling hatol ay hindi lang Senado. Tayo rin. Sa ating boto, sa ating boses, at sa ating malasakit.

Ano ang masasabi mo? Ipadala ang iyong saloobin sa albertachronicle2024@gmail.com. Lalathala tayo ng piling liham mula sa mga mambabasa sa susunod na isyu.

Paalala: Ang artikulong ito ay paghahambing lamang ng mga pampublikong pahayag at dokumento hanggang sa kasalukuyang petsa. Walang hatol dito. Ang Senado ang magpapasya sa huli.

For transparency.
All documents are public record as of July 2026.
From the Prosecution / House of Representatives side:
1) Articles of Impeachment vs. Vice President Sara Duterte, 19th Congress, transmitted by the House of Representatives to the Senate, February 5, 2025.
2) Commission on Audit, Notice of Disallowance No. 2022-001 and 2022-002: Confidential Funds of OVP and DepEd, CY 2022.
3) House Committee on Good Government and Public Accountability, Committee Report on Confidential Funds, 2024.
4) Transcript: Press Conference of VP Sara Duterte, November 23, 2024, re: "assassination threat" statement.
From the Defense / OVP and Allies side:
1) Office of the Vice President, Response to Articles of Impeachment and COA AOMs, filed 2024-2025.
2) Joint Circular No. 2015-01 of DBM-COA-DILG: Guidelines on the Use of Confidential and Intelligence Funds.
3) 1987 Philippine Constitution, Article III Sec. 4: Freedom of Speech and Expression.
4) 1987 Philippine Constitution, Article XI: Accountability of Public Officers / Impeachment Process.
For context on process:
Senate Rules of Procedure on Impeachment Trials, as adopted by the 19th Congress.
Reminder: These are the actual documents cited by both camps. The Senate will weigh them during trial.



RENEWING PHILIPPINE AND CANADIAN PASSPORTS MADE EASY

By Alberta Chronicle Community Desk

Need to renew your passport? Here is an easy guide for both Philippine and Canadian passports.

HOW TO RENEW A PHILIPPINE PASSPORT IN CANADA

Book an appointment

Schedule online with the Philippine Consulate General in Vancouver or Calgary, depending on your region.

Prepare your documents

Bring:

- Your current ePassport + 1 photocopy of the data page
- Proof of legal status in Canada: PR card, work permit, or visitor visa
- 1 self-addressed, prepaid return envelope with tracking. Xpresspost is recommended

Go for personal appearance

Attend on your appointment date. Wear proper attire with sleeves and collar. You will have biometrics and photo taken at the consulate.

Pay and wait

Fee is approx. **CAD \$87 to \$93**. Processing takes **6 to 10 weeks**. Your new passport will be mailed to you using the envelope you provided.

HOW TO RENEW A CANADIAN PASSPORT

Check if you qualify for renewal
You can use the simplified renewal if:

- You were **16 or older** when your last passport was issued
- It was issued in the last **15 years**
- You still have it in your possession

Gather requirements

- 2 identical passport photos taken recently. Photographer's name and date must be on the back
- 2 references who have known you for at least 2 years

Fill out the form

Use the Adult Simplified Renewal form from the Government of Canada website.

Submit and pay

You can apply:

- Online, if eligible
- In person at a Service Canada Centre
- By mail

Pay the renewal fee when you submit.

Tips for Alberta Readers:

1. Book Philippine consular appointments early. Slots fill fast, especially before summer and Christmas travel.
2. For Canadian passports, Service Canada Centres in Edmonton and Calgary accept walk-ins for in-person applications.

For links to booking sites and forms, visit the Alberta Chronicle website or contact your nearest consulate and Service Canada office.

Need help finding the nearest office?

Send us your city in Alberta, citizenship status, and travel dates to albertachronicle2024@albertachronicle.com and we will include the specific locations and timelines in our next issue.

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**BUILDING BRIDGES:
EDUCATION, EQUITY,
AND COMMUNITY**
Adam Jerome
Mella

Psychological Mechanisms of Harm

How exactly do bullying, racism, discrimination, and human rights violations “get under the skin”? Let’s explore the mechanisms at cognitive, emotional, physiological, and social levels

A. Cognitive Mechanisms

1. Cognitive Schemas and Core Beliefs

- o Repeated negative experiences shape core beliefs: “I am worthless,” “I don’t belong,” “No one will protect me.”
- o When such schemas take hold, neutral or even positive interactions may be interpreted through a lens of distrust or self-criticism (confirmation bias).

2. Attentional Bias toward Threat

- o Victims become hypervigilant—constantly scanning the environment for signs of danger.
- o In the classroom, a student may misinterpret a benign comment

as mocking, leading to avoidance or outbursts.

3. Learned Helplessness (Seligman, 1975)

- o After repeated exposure to uncontrollable negative events (e.g., ongoing bullying, systemic discrimination), individuals may generalize the belief that they cannot influence outcomes.
- o Learned helplessness manifests as resignation—“why try?”—and can lead to depression.

4. Internalized Oppression

- o Members of marginalized groups absorb negative stereotypes, applying them to themselves (“I’m not as smart,” “I’ll never succeed”).
- o They may then underperform academically or socially to match these internalized expectations.

B. Emotional Mechanisms

1. Emotional Dysregulation

- o Repeated insults, threats, and exclusion overwhelm the ability to identify, express, and modulate emotions.
- o Victims might swing from intense anger (“I want to lash out”) to devastating sadness (“I hate myself”) to numbness (“I feel nothing”).

2. Shame and Guilt

- o Targets often blame themselves (“It’s my fault they picked on me,” “I brought this on myself”).

- o Chronic shame corrodes self-esteem and is strongly linked to self-harm and suicidal ideation.

3. Anxiety and Hyperarousal

- o Anticipatory anxiety about the next bullying encounter or microaggression produces constant stress: racing heart, muscle tension, difficulty concentrating.
- o Over time, the amygdala-hippocampus-prefrontal cortex circuit becomes dysregulated, predisposed to panic symptoms.

4. Traumatic Stress (PTSD and Complex PTSD)

- o Single, severe incidents (e.g., a hate crime) can trigger full-blown PTSD: intrusive memories, nightmares, avoidance, negative mood alterations, hypervigilance.
- o Chronic or repeated traumas (e.g., daily microaggressions) contribute to complex PTSD—a broader constellation of symptoms including identity disturbance, chronic emptiness, and interpersonal difficulties.

C. Physiological Mechanisms

1. HPA Axis Dysregulation

- o Chronic exposure to stress hormones (cortisol, adrenaline) leads to “wear and tear” on the body (allostatic load).
- o A dysregulated HPA axis can cause sleep disturbances, appetite changes, immune suppression, and increased vulnerability to illnesses like asthma or gastrointestinal disorders.

2. Inflammatory Pathways

- o Research links social stress (e.g., discrimination) to elevated pro-inflammatory cytokines.
- o Chronic inflammation is associated with depression, cardiovascular disease, and neurodegeneration over time.

3. Neurobiological Changes

- o Prolonged trauma can reduce hippocampal volume (memory center) and shrink the prefrontal cortex (decision-making, impulse control).
- o Overactive amygdala (emotional reactivity) amplifies threat perception, even in safe contexts.

Read the full article at albertachronicle.com

INHERITANCE ACROSS TWO HOMELANDS: What Filipino-Canadians Should Know About Philippine Property, Citizenship, Wills, and Conflicts of Law!



**RDT PINOY
LEGAL COMPASS**
Legal guidance for
Filipinos abroad
Atty. Redentor Dela Torre, CPA

Many Filipino families in Canada continue to own houses, agricultural lands, condominium units, businesses, bank deposits, and inherited properties in the Philippines. Parents may have migrated decades ago, become Canadian citizens, and accumulated assets in both countries. Their children may have been born in Canada, while other heirs remain in the Philippines.

When a family member dies, an apparently simple question becomes legally complex: **Which inheritance law applies—Philippine law or Canadian law?**

Under Philippine conflict-of-laws rules, there is often no single law governing the entire estate. Different laws may govern succession rights, probate proceedings, property transfers, registration, and taxation.

1. Start with the Decedent’s Citizenship at the Time of Death

For intrinsic succession issues—such as who may inherit, the heirs’ respective shares, and the intrinsic validity of testamentary provisions—Philippine law generally follows the **nationality principle**.

Article 16 of the Philippine Civil Code (R.A. 386) provides that although property is generally governed by the law of the country where it is situated, intestate and testamentary succession, particularly the order of succession, amount of successional rights, and intrinsic validity of testamentary provisions, is governed by the national law of the decedent, regardless of the nature or location of the property. Article 1039 (R.A. 386) further provides that capacity to succeed is governed by the decedent’s national law.

This must be distinguished from probate, which generally concerns a will’s extrinsic validity, including its execution, formalities, testamentary capacity, and authenticity—not primarily whether its distribution provisions comply with the applicable succession law.

2. Probate Is Not the Same as Succession Rights

A practical way to understand the distinction is:

- **Probate asks:** Is this truly the decedent’s last will? Was it executed with the required formalities, by a person with testamentary capacity, and without force or undue influence?

- **Intrinsic succession asks:** Who are legally entitled to inherit? What are their shares? Are the testamentary provisions valid under the decedent’s national law? Is any beneficiary legally incapable of succeeding?

As a general rule, probate proceedings focus on extrinsic validity, although courts may consider intrinsic issues in exceptional circumstances when resolving them is unavoidable.

3. “Canadian Law” Is Not One Uniform Succession Code

Canada is a federal country, and succession and estate administration are largely governed by provincial or territorial law. In Alberta, for example, the *Wills and Succession Act* govern wills and the distribution of intestate estates.

Accordingly, when **Article 16 (R.A. 386)** refers succession questions to the national law of a Canadian decedent, the particular provincial law with the appropriate connection—often

involving domicile or the property’s location—must still be identified.

Under Philippine procedure, foreign law is ordinarily treated as a question of fact. It must be properly alleged and proved; a Philippine court will not simply assume what Alberta or another Canadian province’s succession law provides. Philippine jurisprudence has similarly held that where a foreign country has no single uniform private-law system, the applicable state or local law must be specifically identified.

4. Three Common Citizenship Situations

A. The Decedent Remained a Filipino Citizen

If the decedent was still a Filipino citizen at the time of death, Philippine succession law generally governs intrinsic issues because Philippine law was the decedent’s national law. This is important because Philippine law protects compulsory heirs through **legitimes**. A Filipino testator ordinarily cannot dispose of the entire estate in a manner that unlawfully impairs the legitimes of compulsory heirs.

To be continued in the next issue.

More Than a Job: What My Students with Special Needs Have Taught Me



VOICES OF INCLUSION

Flor Angeline Valera

I often get asked what it's like teaching students with special needs. My response is always the same: My students have taught me more than I could ever teach them.

To say my job is unpredictable would be an understatement. I come to work each day knowing that it will never be the same as the last. One day a student may reward me with the biggest smile for making eye contact. Another may learn to write their name without assistance. To most people, these achievements may seem small. To me, they are celebrations because they did not come easy. They took patience, perseverance, and strength.

Working with students with autism and other exceptional learning needs has taught me what education is truly about. I no longer view success as a test score or grade on a report card. True success is when a child learns to tell an adult they are hungry instead of

screaming. Success is a student who makes a friend at recess or learns how to follow their routine with minimal support. Maybe it's the kid who finally has the confidence to try joining a group activity. Whatever it may be, these kids deserve a pat on the back.

Each of our students are unique in their abilities, personalities, and areas of need. Some have autism and learn through their senses. Others have ADHD, learning disabilities, speech and language delays, intellectual disabilities, and behavioural and emotional needs. But each and every child also has strengths. Students I have worked with have used their memories like nobody's business, created beautiful artwork, had an uncanny love for numbers, and the biggest hearts you could imagine. Their disabilities will not limit who they can be.

In school, we do our best to look past labels. Whether it's plastered on a student report card or not, at the core of every child with an Exceptional Learning Need is a human wanting nothing more than to feel accepted, understood, and given the opportunity to thrive.

That is why I am proud to live and work in a province that embraces inclusive education. Alberta recognizes

that every learner has the right to meaningful learning opportunities in supportive classrooms that provide accommodations and services based on their individual needs.

These commitments continue to send the message that inclusion is not about holding students to lower standards. Instead, they allow us to remove barriers and give every student an equal chance at success.

But a truly inclusive school community does not start with government initiatives. Inclusion happens every day in schools across Alberta. It happens when teachers modify lessons to fit students' learning styles. When educators foster independence rather than dependence. When therapists work collaboratively with educators. When administrators give teachers the resources they need to properly assist students. When parents see schools as allies in their child's learning.

It sounds great on paper, but teaching kids with special needs also comes with its fair share of challenges. Some students have what I call "monster days" where everything sets them overstimulated. Some goals may take weeks, months, or even years to reach. But that's what makes the special days even more rewarding.

I have been in the classroom working with students with special needs for two years. In that time, I have learned that every child can feel accepted for who they are. I have watched kids meet their biggest goals because someone believed in them and never gave up on them.

My students have not only taught me about teaching, they have taught me about life. They have shown me patience when a student is progressing at a slower rate. Given me strength when I've faced difficult challenges. And allowed me to find joy in the accomplishments most people take for granted.

None of us can create inclusive schools by ourselves. It takes a village. A village that believes every child in Alberta deserves to feel like they belong. Let's teach children about inclusion so we can one day live in a world without labels. Because my students have taught me that we all have something special to offer this world. It's our job to give every child the opportunity to share it.

I am grateful every day to have students that continue to teach me more than any textbook could.

But most of all, I am thankful I get to spend my days working with kids who remind me to never stop believing.

Before You Judge, Look Within

Matthew 7:1-5



GOSPEL REFLECTION

Fr. Jhack Diaz

My dear kababayans, today's Gospel reminds us of something we all need to hear: before we look at the mistakes of others, let us first look at our own hearts. It is easy to notice what others are doing wrong, but it is much harder to admit our own weaknesses. Sometimes, without realizing it, we judge people too

quickly. We do not know the whole story behind their actions. Jesus is inviting us to be slower in judging and quicker in showing mercy. After all, every one of us depends on God's forgiveness every single day.

As Filipinos, we are naturally warm, caring, and close to one another. We enjoy talking and spending time together. But let us be careful that our conversations do not become gossip or criticism. Many of our fellow Filipinos are quietly carrying heavy burdens. Some miss their families

back home. Others are working long hours, dealing with financial worries, or struggling with loneliness. Instead of judging them, let us offer a listening ear, a kind word, or a simple prayer. Sometimes the greatest gift we can give is not advice but understanding.

Jesus also reminds us that real change begins with ourselves. Before

many Bible verses we know, but by how we treat them. A humble and kind heart is one of the most beautiful ways to share the Gospel.

My dear friends, let us ask the Lord today to give us eyes that see with compassion instead of criticism, lips that speak words of encouragement instead of judgment, and hearts that are always ready to forgive. Our world already has enough people who point out faults. What it needs are disciples who bring hope, peace, and kindness. May every Filipino family and community be a place where people feel welcomed, accepted, and loved. When we choose mercy over judgment, we become living witnesses of the love of Jesus.

Blessings
Fr. Jhack



we try to fix someone else's life, let us ask God to help us become better people. Let us pray more, forgive more, be more patient, and become more loving in our homes, at work, and in our parish. People are touched not by how

The Irony of Philippine Independence



CHERRY ON TOP

Cherry Gotardo

We are celebrating 128 years of freedom from conquerors, yet we are stuck in the same political tyranny. Philippine independence has long been jeopardized by politicians who DO NOT have strong moral fibers.

In social media, we're seeing and hearing posts about "silent martial law", biased media coverage, government officials carrying out wicked schemes that fit their narratives, and systemic nationwide corruption! Where does one find freedom here?

A lot of Filipinos all over the world who still love the country are stressed, near exhaustion, and hoping for a better Philippines to come home to. What about all the others who are in the midst of the

struggle? They must feel that they are robbed in broad daylight by thieves "dressed to the nines" and feeling powerless as they witness a failing state.... a broken country.

Democracy in the Philippines is oppressively solemn. We need the wisdom and determination of public officials who strive to follow principle and not to succumb to political pressure for survival. The rest of us are modern-day soldiers. We are not to trade our dignity for silence and complicity. The road to



real freedom as we have witnessed is tough. What matters is that we're true to our words and the "elusive" freedom will finally prevail. When that happens, I invite everyone to celebrate the real Philippine Independence Day. For now, let's keep fighting, soldiers!

Heritage Beyond the “Barong, Baro’t Saya at Fiesta”



MAPLE LEAF DREAM

Bernard Gregorio

Here comes July and August again in Canada. The sun is out, and Pinoys are once again finding reasons to hold fiesta celebrations. Out come the barong, baro't saya, lechon, karaoke, cultural dances and endless photo opportunities.

Walang masama rito. Food, music and traditional clothing are important expressions of who we are. They remind us of home and help younger Filipino-Canadians appreciate their roots.

But is this all that Filipino heritage means to us?

Minsan, Heritage Month becomes an excuse to dress up, eat, dance and be entertained. Yet when the conversation turns to the real issues affecting Filipinos in Canada: immigration, workplace exploitation, professional accreditation, housing, racism, mental health, education and political representation - *marami ang biglang tahimik o umiiwas.*

We can fill a hall when there is food and entertainment. But organize a policy discussion, public consultation or advocacy meeting, and the room is often nearly empty. Kapag may handaan, present tayo. *Pero kapag seryosong usapin na tungkol sa kinabukasan ng komunidad, kakaunti ang nakikilahok.*

Perhaps this also explains why

so few Filipinos find themselves in positions of influence. It is often not because we lack the talent, competence or work ethic. **French sociologist Pierre Bourdieu described this as *symbolic capital* - the invisible advantages that cause certain people to be recognized as leaders while equally capable individuals remain overlooked. Leadership is often not determined solely by merit, but by who fits society's image of authority.**

The uncomfortable question is whether we sometimes reproduce the very same bias within our own community. **How often do we overlook our own simply because they do not fit our preconceived picture of what a leader should look like?** How often do we wait until someone has already succeeded before we recognize them?

Talk about Lea Salonga, Manny Pacquiao, and most recently, Alex Eala. We cannot expect others to value Filipino leadership if we fail to value it ourselves.

True heritage is not only found in what we wear or eat. It is reflected in how we build leaders, support one another, participate in civic life, and ensure that Filipino voices are present where decisions are made.

Fiestas and cultural performances should be the doorway to deeper engagement, not the beginning and end of our heritage.

Otherwise, we risk becoming highly visible during celebrations, yet invisible where leadership is chosen, policies are shaped, and our community's future is decided.

FROM CLASSROOM TO CURB SIDE: AFCS RIDES WITH NO INVITE BIKERS



THE MECHANIC'S PULPIT

Manny Bautista

EDMONTON — Alberta Filipino Charter School joins Season Opener to meet the community where they are. No classroom. No desks. No formal invite.

Last weekend, the Alberta Filipino Charter School (AFCS) parked its banner beside chrome, leather, and roaring engines at the No Invite Biker's Association Season Opener.

Under a tent that read “One Ride,” between sport bikes and a blue coupe, three AFCS representatives stood next to a roll-up banner that declared: “Rooted in Culture. Rising in Excellence.”

Why a charter school at a biker event?

“No invite means everyone's welcome,” said one AFCS volunteer, giving a thumbs-up beside the banner. “If we are serious about being a community school, we don't wait for parents to find us in an office. We go to Seafood City. We go to church basements. We go to a biker meet.”

The photo tells the story: Two men in “Team Grover” shirts and caps stand shoulder-to-shoulder with an AFCS representative in a tie and suspenders. Behind them, the banner shows four smiling students and the AFCS seal — a torch, a book, and the Philippine sun flanked by laurel leaves, established 2023. The website www.ABFilipinoCharterSchool.ca and QR code faced the crowd all day.

MEETING PARENTS AT IDLE, NOT JUST AT SCHOOL

The No Invite Biker's Association Season Opener draws hundreds of riders and families across Alberta. It's loud, it's grassroots, and it's exactly where many Filipino fathers, titos, and kuya spend their Sundays.

“This is where the dads are,” said the AFCS rep in the photo. “We talk about grades and curriculum inside schools. But out here, we talk about why a kid needs to know who Jose Rizal is and how to balance a checkbook. That's AFCS.”

Attendees scanned the QR code. Others asked about enrollment for 2026-2027. Some just gave a thumbs-up and said, “Sa wakas, magkakaroon na tayo ng sariling school.”

ROOTED IN CULTURE. RISING IN EXCELLENCE.

AFCS is Alberta's first proposed Filipino-focused charter school. The vision: blend Alberta's curriculum with Filipino language, history, leadership, and values.

But a school is not built with policy papers. It is built with presence.

From Seafood City to biker lots, AFCS is running a “No Invite” campaign of its own — no gatekeeping, no velvet ropes. If you're Filipino in Alberta, you're already part of the conversation.

As one biker put it, pointing to the banner: “My son rides with me now. Maybe soon he'll study with you.”

THE ROAD AHEAD

AFCS continues community consultations and aims to open its doors for the 2026-2027 school year, pending Alberta Education approval. The next “No Invite” stops parish

fiestas, basketball tournaments, and yes — more parking lots.

Because the future of Filipino education in Alberta won't be decided in boardrooms alone. It'll be decided

wherever Filipinos gather.

For more information on Alberta Filipino Charter School, visit <http://www.ABFilipinoCharterSchool.ca> or follow AFCS on social media.



AFCS representatives join the No Invite Biker's Association Season Opener in Edmonton. The Alberta Filipino Charter School banner — featuring the school's motto “Rooted in Culture. Rising in Excellence.” — stood alongside bikes and riders to promote the proposed charter school for SY 2026-2027.

Forever Young Celebrates 4th Anniversary

"A healthy mind resides in a healthy body."

That belief has carried the members of Forever Young through four years of friendship, fitness, and fun.

On July 11, the group marked its 4th Anniversary — four years of showing up for each other, moving together,

and proving that age is just a number.

True to their name, Forever Young members have never grown tired of staying active. They've never let a day pass without the company of their peers and walking buddies. Whether it's a morning walk, a group

workout, or simply sharing stories, they keep each other young in spirit and strong in body.

Have more years of movement, laughter, and community — and to many more ahead.

Happy 4th Anniversary, Forever Young!



Leduc Filipinos Hold First-Ever Santacruznan, Donate \$6,000 To St. Michael's



By Cherry Gotardo

On July 11, 2026, the Catholic Filipino community of Leduc held its first-ever Santacruznan in partnership with St. Michael's Parish.

The celebration was led by committee chair Amy Ronabio, who introduced a "tweak" to the tradition by including "niña reynas" to represent the queens being honored. Ten young ladies joined the sagala, and the event was commemorated in the old-fashioned probinsya style.

Following the Holy Mass, community and church leaders presented sashes and crowns during a coronation ceremony that honored the participants like young princesses in full regalia. A religious procession followed, with the congregation walking behind the entourage in prayer and song.

A portion of the funds raised was donated to the parish's Planning For Tomorrow program. In total, the Catholic Filipino community of Leduc donated over \$6,000.00 to St. Michael's Parish Church.

The event marked a milestone for Filipino Catholics in Leduc, bringing together faith, culture, and community service.



For more photos, visit albertachronicle.com

For advertising inquiries, please contact 780-655-5126 or email at albertachronicle2024@gmail.com

WHO AM I?



POINTED VIEW

Romeo
Honorio

What is your life story?

"Manong (older brother), I'd like to meet up with you." The call was from our friend (Lou not her real name), just got back from her holiday. "Give me a call when you are settled", I

responded. Lou's life has been an open book to us. Her life story was full of challenges and resilience.

Months passed and never heard from Lou. One day my sister called. She relayed our older sister was admitted in the hospital with serious illness.

She was too weak to undergo chemo. We spent more hospital visit. We shared our stories when we were young, our Winnipeg days, etc. We were all thankful for her sharp memories.

Weeks later Lou's call registered. "Manong, I'm at the Foothills Hospital, sick."

The following week with my sister we shared new stories. We didn't tell her about our visit to a friend one floor below.

We slid the curtain and Lou said,

"Hoy Manong and Ate, missed you so much." "We feel the same", we responded.

"I only have few months to enjoy life. I planned my burial. I'm ready" Our eyes wetted and throats restricted that no words came out. My sister and Lou were at the same situation. We spent our time reminiscing our friendship. Our holiday trip with our spouses to Minalungao and Pantabangan was her most unforgettable one.

That year my sister passed on March and Lou two months after. Up to this time, their memories (life stories) linger in my mind.

Our life stories create lasting memories worth remembering and sharing. One constraint was how to journal them. If great people have

their memoir written, why couldn't we have one, too?

When we spend time and money to prepare our last will and testament, we should be able also to spend time and money writing our life story that will last for generations.

My-moir. My Life Selfie is my fourth book (guidebook). It helps one write his/her life stories (from birth up to present life in Canada). As an immigrant writing our life story is worth pursuing.

If you believe your life story is worth writing, give me a call. A percentage of your donation (\$20/copy) will greatly support both the Allbertans Mindfulness Society and Diary of Allbertans Society. You can reach me at 403 816 7983 or e-mail romyhonorio@gmail.com.

COMMUNITY NEWS

Minister Valdez announces new funding for the Women Entrepreneurship Strategy



First Filipina Councilwoman (Lethbridge) and Member of Parliament (l-r) Rufa Doria and Min. Rechie Valdez

June 22, 2026 – Lethbridge, Alberta Innovation, Science and Economic Development Canada News Release

Building the strongest economy in the G7 requires the full and equal participation of women. As Canada unlocks new capital and new ideas to grow its economy, women entrepreneurs are essential to starting businesses, creating jobs and strengthening communities across the country.

Today, the Honourable Rechie Valdez, Minister of Women and Gender Equality and Secretary of State (Small Business and Tourism), announced \$173.7 million over five years to continue the Women Entrepreneurship Strategy (WES) and help more women entrepreneurs access the financing, training and networks they need to start and grow their businesses.

Women entrepreneurs continue to face real barriers: greater difficulty accessing capital, fewer mentorship opportunities and connections to networks, and a lack of data that shape business support programs. Those gaps leave talent and growth on the table at a moment when Canada needs both.

This investment includes funding for the not-for-profit organizations that administer the Women Entrepreneurship Loan Fund, enabling them to continue offering microloans of up to \$50,000 to women entrepreneurs across Canada. This will build on the more than 1,600 loans that Loan Fund partners have already delivered to women entrepreneurs.

The investment also includes funding for the WES Ecosystem Fund, which supports not-for-profit organizations in delivering advisory services, business training and mentorship to help women entrepreneurs start, grow and scale their businesses.

In addition, the federal government will continue to support the Women Entrepreneurship Knowledge Hub. With 10 regional hubs and a network of over 250 partners, the Knowledge Hub brings together researchers, business support organizations and key stakeholders to produce the research and insights that help grow women's entrepreneurship in Canada.

Since its launch in 2018, WES has supported more than 500,000 women entrepreneurs across Canada, and today's investment will build on that proven record. Women entrepreneurs also benefit from the federal government's broader efforts to strengthen small businesses, including tariff relief measures, funding for AI adoption, red tape reduction, and support for exporting to new markets.

Quotes

"Women entrepreneurs are essential to building the strongest economy in the G7. They create jobs, strengthen communities and contribute to a Canada that is strong for everyone. By continuing to invest in the Women Entrepreneurship Strategy, our government is making sure more women have what they need to start, grow and build businesses."

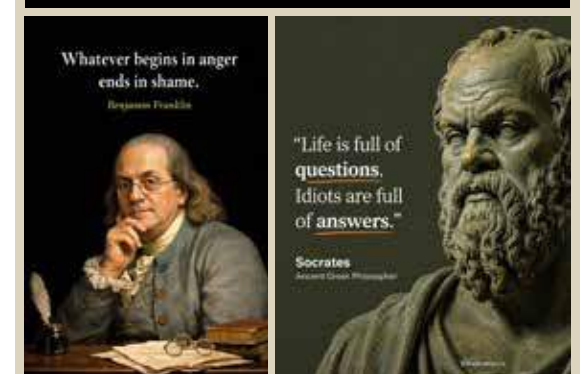
– The Honourable Rechie Valdez, Minister of Women and Gender Equality and Secretary of State (Small Business and Tourism)

PHILOSOPHY CORNER

Welcome to the Philosophy Corner, your monthly destination for exploring the great questions that define human existence. Join us as we step outside the daily news cycle to engage with the brilliant minds who have shaped the way we think about truth, meaning, and life itself. Every monthly issue, we feature thinkers whose revolutionary ideas still challenge and inspire us today. Take a moment to reflect, question, and expand your own perspective—because a mind that questions never stops growing.

"A society that mocks virtue prepares its own collapse."

— Plato



We're in the PH Golden Era in Sports" we might be too distracted to even notice



The Bright Side
Carlos Tria
Marquises

Last years SEA Games has had a distinct impact. Despite fielding our largest delegation in history, we finished sixth with 50 gold medals, placing us at the bottom among regional powerhouses.

However, many of the golds won in these games are the most coveted and meaningful, as they broke regional dominance by Thailand, Indonesia, Vietnam, and Singapore in various events, while we maintained our supremacy in events where we excel. In these games, the Philippines did not focus on accumulating numbers. Instead, we introduced future superstars.

-WOMEN'S TENNIS, Alex Eala ended a 26-year drought in this event, solidifying her stature as the highest-ranked player in Southeast Asia, male or female. It was unfortunate for Indonesian Janice Tjen to leave the competition early due to health condition. It would have been a more exciting final match.

-WOMEN'S FOOTBALL Team secured our first-ever SEA Games gold in women's football, rewriting the possibilities for Filipinas on the regional stage.

-WOMEN'S BEACH VOLLEYBALL broke through a long-standing barrier held by regional giants Thailand and Indonesia, ushering in a new era for Philippine volleyball beyond the indoor court.

-GILAS WOMEN'S BASKETBALL reclaimed the crown they last held in 2021, demonstrating their rise since 2019 was not a fluke, but the emphatic arrival of a new powerhouse.

-GILAS MEN'S BASKETBALL defended their gold medal despite last-minute rule changes, lopsided conditions, and Filipino basketball fans in Thailand being kept from entering the venue. Basketball is our passion, and no one can take away our crown, even if we had to fight fiercely for it this time.

-ATHLETICS, EJ Obiena claimed his fourth consecutive SEA Games gold, likely his last, or perhaps a few more. Nonetheless, EJ remains the undisputed POLE VAULT king in Southeast Asia. Additionally, rookies Hussein Loraña, who won gold in the 800-meter event.

-TRIATHLON RELAY, golds were delivered by Kim Mangrobang, Kira Ellis, Raven Alcosoba, Fernando Casares, Inaki Lorbes, and Matthew Hermosa. What made the triathlon wins truly special was not just winning gold, but the comprehensiveness and breadth of the victories, as our triathletes swept all relay events, showcasing our deep talent across both men's and women's

squads and asserting Philippine triathlon as a legitimate regional powerhouse.

-SWIMMING, Kayla Sanchez competed head-to-head with regional swimming giants Singapore and Vietnam, nations that traditionally dominate SEA Games swimming. Kyla is the most decorated Filipino athlete of these games with a 3-gold, 5-silver haul.

-BOXING, Eumir Marcial captures a boxing gold medal as he rules the men's 80kg class.

-MUAY THAI, golds were taken by Islay Erika Bomogao and LJ Yasay on the home turf of the sport itself.

-TAEKWONDO, Justin Kobe Macario, who took the gold in freestyle poomsae in taekwondo, made their mark in their debut SEA Games.

-PENTATHLON, Michael Ver Comaling and Melvin Sacay delivered rare, non-traditional golds.

-GYMNASTICS, Olympic 2x gold medalist Carlos Yulo has chosen to forego the gymnastics event at this year's SEA Games, thereby providing opportunities for other athletes. Yulo has been a dominant force in this event, having accumulated 18 SEA Games medals in previous editions, including five golds in 2023. He has opted to focus on more prominent international gymnastics competitions, as he is currently the world champion.

In previous SEA Games, a sixth-



place finish with 50 gold medals would have prompted a thorough examination, raised significant questions, and potentially sparking a congressional inquiry. However, in these games, we strategically pursued gold medals in key events, breaking the long-standing dominance of other Southeast Asian nations and serving notice to the rest of Southeast Asia that the Philippines is poised to excel in events where we were not previously expected to succeed.

Mabuhay ang Atletang Pilipino!

PBSA Invites Community to Swing for a Cause at the 2026 Charity Golf Tournament

EDMONTON, Alberta – The Philippine Business Society of Alberta (PBSA) is once again bringing together the Filipino-Canadian community, business leaders, professionals, and golf enthusiasts for a day of camaraderie, networking, and giving back through its **2026 PBSA 3rd Annual Charity Golf Tournament**.

More than just a sporting event, the annual golf tournament has become one of PBSA's signature community initiatives, combining business networking with charitable giving. This year's tournament carries an even greater purpose, as proceeds will support **STARS Air Ambulance**, one of Western Canada's most respected charitable organizations providing life-saving emergency medical transportation to patients across Alberta and neighbouring provinces.

According to the PBSA Golf Committee, every golfer, sponsor, and supporter who participates contributes not only to STARS Air Ambulance but also helps strengthen PBSA's ongoing programs that promote entrepreneurship, professional development, leadership, and community engagement within the Filipino-Canadian community.

"Every registration and every sponsorship helps us make a meaningful difference," the organizing committee shared. "Together, we are supporting a vital emergency service while continuing PBSA's mission of empowering Filipino entrepreneurs, professionals, and future community leaders."

The tournament also provides an excellent opportunity for businesses to increase their visibility within Alberta's growing Filipino business community. Sponsors will have the chance to showcase their products and services while connecting with entrepreneurs, professionals, community organizations, and potential clients in a relaxed and enjoyable setting.

PBSA is encouraging individuals, families, friends, corporate teams, and community organizations to register as golfers and enjoy a memorable day on the

course. Those who may not be golfers can still contribute by becoming event sponsors or by helping promote the tournament through their personal and professional networks.

Organizers emphasize that community support is essential to the success of the event.

"Whether you are playing golf, sponsoring a hole, donating, or simply sharing information about the tournament, your participation helps create a positive impact," the committee said. "Every contribution, regardless of size, brings us closer to achieving our fundraising goals."

Over the years, the Philippine Business Society of Alberta has continued to play a significant role in fostering business excellence, professional growth, mentorship, and community collaboration among Filipino Canadians in Alberta. Through initiatives such as the annual charity golf tournament, PBSA demonstrates that business success and community service can go hand in hand.

Community members interested in participating are encouraged to register early, as spaces are expected to fill quickly.

Golf Registration:

<https://www.zeffy.com/en-CA/ticketing/2026-pbsa-3rd-annual-golf-tournament-registration>

Sponsorship Opportunities:

<https://www.zeffy.com/en-CA/ticketing/2026-pbsa-3rd-annual-golf-tournament-sponsorship>

For additional information, interested participants may contact the **PBSA Golf Committee** at **780-482-6565** or email golf@pbsalberta.org.

As PBSA prepares for another successful tournament, the organization invites the entire community to come together for a day of friendly competition, meaningful connections, and

generosity—all in support of a worthy cause.

After all, every swing has the power to save lives, strengthen the community, and make a lasting difference.

Building Faith Early: PMCC 4th Watch Edmonton Invests in the Next Generation

By Marilou Manalili
Photos by Anthony Manalili

The Pentecostal Missionary Church of Christ (4th watch) of Edmonton recently held their annual Vacation Bible School from July 15 to 19 with the theme "Growing up like Jesus." This culminated in a graduation to recognize their hard work and dedication towards the Lord.

All week long, the sanctuary has been filled with laughter, games, music, fun-filled activities such as arts and crafts, and most importantly, the Word of God that blessed each child.

As the word of God states in Proverbs 22:6 "Train up a child in the way he should go; even when he is old he will not depart from it."

With the growing chaos, sin, and bad influences present around children today, they can easily be persuaded that these elements are normal. The good news is the Church is always in accordance of what the scriptures teach and this is the goal of creating the program of Vacation Bible School: Introducing Christ Jesus in the young minds of the children. This is just one of the many programs created solely for the Kids in the Church so they are able to grow up with the fear and love for the Lord.

For more photos, visit albertachronicle.com



ABC Makes Friends at YEG Pizza

For Edwin and Giselle, owners of YEG Pizza, the mission goes beyond great food.

"There are no strangers here — only friends we haven't met yet," and that's exactly the spirit they've brought to Edmonton's Filipino-Canadian community. By serving delicious meals and opening their doors with genuine warmth, they've helped turn customers into connections and neighbors into friends.



True to ABC's tradition of servant leadership

Lito Velasco made a personal visit to MCN to honor Marjorie and Terry Newman — community pillars whose dedication and Marjorie's vital news contributions keep the Alberta Chronicle and our kababayans informed.



L-R: Nasipit's Municipal Councillor-Dick Carmona, Marjorie Newman of MCN CANADA Immigration, ABC's founder, Lito Velasco. - Photo by Terry Newman

Mabuhay and congratulations!



Sophia Events Place at Athabasca Rd, Sherwood Park, Alberta.

Sophia's Boutique, Sophia's Events Place, and Chowkeni in Sherwood Park are now open in their new locations — bringing more style, more gatherings, and more great food to the Filipino-Canadian community.



Myra of Sophia Boutique at Athabasca Rd, Sherwood Park, Alberta

Understanding Alberta's Immigration Oversight Act (Part 2)



**THE
IMMIGRATION
INSIDER**
Marjorie Newman

This is a meaningful change. It means that even a fully credentialed RCIC in good standing with the federal college must apply separately for an Alberta provincial licence to continue serving clients here. The provincial Director can refuse, suspend, or cancel this licence based on public interest grounds — including past misconduct, incomplete or false applications, or associations with non-compliant parties.

Immigration consultants will also be listed on a public provincial registry, allowing Albertans to verify their authorization status before engaging their services. This registry is one of the most practical tools in the Act for everyday Filipinos who want to protect themselves. Before hiring an immigration consultant, always check:

- Their RCIC number on the CICC national registry at college-ic.ca
- Their Alberta provincial licence **once the registry is operational (watch for announcements from Alberta Jobs, Economy, Trade and Immigration)**

For Foreign Workers: This Law Was Written to Protect You

If you are a foreign worker in Alberta — and this includes many of our kababayans who came through the Temporary Foreign Worker Program or the Provincial Nominee Program — the Immigration Oversight Act is fundamentally a protection law for you. It gives you enforceable rights and a formal process for reporting abuse. Here is what you are entitled to under this law:

- The right to file a complaint with the provincial Director if you have been exploited, defrauded, or subjected to any prohibited conduct
- Full protection from retaliation: your employer cannot terminate you, restrict your duties, reduce your pay, or treat you adversely because you filed — or tried to file — a complaint
- The right to seek reinstatement if you were fired in retaliation for a complaint
- The right never to be charged a recruitment fee by a recruiter
- The right to always retain your own passport and personal documents — no employer or recruiter may take or hold these

The Director under the Act has the authority to investigate potential violations even without a formal complaint from a worker. This includes entering workplaces, examining records, conducting audits, and interviewing individuals. A public registry will also allow you to verify whether an employer, recruiter, or consultant is properly registered and authorized before you sign anything or hand over any money.

Bill 26 became law on May 14, 2026. Here is a plain-language guide to what it means for Filipino workers, families, employers, and community members across Alberta.

You have rights. You have protection. And if someone is mistreating you, there is now a formal provincial mechanism to hold them accountable.

The Hard Truth About Ghost Consultants and Unauthorized Practitioners

This section is difficult to write, because it speaks to something that is very present in our community. Many Filipinos in Alberta have at some point relied on someone in their network — a friend, a cousin, a church acquaintance, a fellow kababayan — to help with immigration matters. Sometimes that person charged a fee. Sometimes they meant well. But if they were not a licensed RCIC, they were operating outside the law — and now, under Bill 26, the consequences for doing so are severe.

An individual who acts as an unlicensed immigration consultant or unauthorized recruiter in Alberta is now exposed to:

- Fines of up to \$1,000,000 per contravention as an individual
- Imprisonment for up to 12 months
- Fines of up to \$1,500,000 if operating through a business or organization
- Penalties that may be multiplied for each worker affected by their unauthorized conduct
- Public disclosure of penalty notices — their non-compliance becomes visible and on record
- Permanent bans from working as a recruiter or immigration consultant anywhere in Alberta

Beyond the penalties to the operator themselves, workers who relied on an unlicensed consultant may face serious consequences if their immigration applications were mishandled, filed incorrectly, or based on fraudulent advice. The person who was trying to help may have caused lasting damage to someone's immigration status.

The Act also authorizes the provincial Director to share information with other governments — including the federal government — which means unauthorized practice in Alberta could trigger consequences at the national level, including referral to federal immigration enforcement.

If you know someone in the community who is providing immigration advice or recruiter services for money without proper credentials, the kindest thing you can do for them — and for the people relying on them — is to strongly encourage them to stop. The law has changed. The risk is real.

Ghost consultants or unauthorized practitioners are not just breaking the law — they are putting the futures of vulnerable workers at risk. Real protection means using qualified, licensed professionals.

Your Community Action Checklist

Here is what every Filipino in Alberta should do right now, based on their situation:

- Workers and job seekers: Never pay

a recruiter any fee for a job. Check that your employer is registered and that any consultant helping you holds both a federal RCIC designation and an Alberta provincial licence

- Keep your passport and all personal documents in your own possession at all times — hand them to no one
- If you have been exploited, charged illegal fees, or had your documents taken, contact Alberta Jobs, Economy, Trade and Immigration to learn how to file a complaint under the Act
- Employers hiring foreign nationals: Begin preparing for mandatory registration. Review your recruitment fee practices, your recruiter contracts, and your recordkeeping to ensure compliance
- Community leaders and organizations: Share this information widely. The Filipino community's best defence against exploitation is awareness

Source: Alberta Government

Contact Marjorie at info@mcncanadaimmigration.com

Disclaimer: The information provided in this column is for general informational purposes only and does not constitute legal advice. You should not act or

rely solely on the information presented here. To ensure your interests are fully protected, please consult a Regulated Canadian Immigration Consultant (RCIC) in good standing with the College of Immigration and Citizenship Consultants (CICC). The views expressed in this article do not necessarily reflect those of RCICs as a whole.



WE CAN HELP!

My team and I are eager to help Edmonton-Griesbach riding residents with your federal government issues, including:

- Immigration and Citizenship
- Canada Revenue Agency
- Passport Canada
- Veterans Affairs
- Service Canada: CPP, EI, OAS



How am I doing as your Member of Parliament? Please take this 1-minute survey to provide your feedback.

KERRY DIOTTE
MP | EDMONTON GRIESBACH

KERRYDIOTTE.COM 780-641-8448



PBBM CONCLUDES OFFICIAL VISIT TO CANADA, SECURES \$2.5B IN INVESTMENTS AND ELEVATES PH-CANADA TIES TO STRATEGIC PARTNERSHIP

By ABC Team | Photos by Revoli Cortez/PPA POOL

VANCOUVER, Canada – July 1-4, 2026 – Despite ongoing political challenges back home, **President Ferdinand R. Marcos Jr.** proceeded with a four-day Official Visit to Canada to advance the Philippines' economic agenda, strengthen defense cooperation, and reaffirm ties with the nearly 1 million-strong Filipino community in Canada.

The visit, undertaken upon the invitation of Canadian Prime Minister Mark Joseph Carney, marks the first official visit by a Philippine President to Canada in over a decade.

MAIN REASON OF THE VISIT: ECONOMIC GROWTH & STRATEGIC PARTNERSHIP

The central objective of President Marcos' trip was to deepen Philippines-Canada trade and investment relations and position the Philippines as a key partner in the Indo-Pacific. Key outcomes:

- **\$2.5 Billion in investment commitments** secured from Canadian companies.
- **Elevation of PH-Canada relations to a "Strategic Partnership"** following bilateral talks with PM Carney.
- **Four new cooperation agreements signed** covering labor and migration, energy and natural resources, tourism, and cultural cooperation.
- **Commitment to conclude negotiations for a Philippines-Canada Free Trade Agreement before year-end.**

President Marcos led engagements with Canadian business leaders in priority sectors: **information technology, business process management, artificial intelligence, critical minerals, mining, nuclear energy, telecommunications, and critical infrastructure.**

KEY BILATERAL DISCUSSIONS

During his meeting with Prime Minister Mark Carney, the two leaders discussed:

- **Defense and maritime security** - including support for a rules-based order in the West Philippine Sea and UNCLOS.
- **Economic resilience** - cooperation in energy, critical minerals, and food security.
- **ASEAN** - with the Philippines serving as ASEAN Chair in 2026, both leaders aligned on regional strategic priorities.

The President was accompanied by **First Lady Louise Araneta-Marcos** during engagements with the **Filipino community in Vancouver, British Columbia.**

SIGNIFICANCE AMID DOMESTIC DEVELOPMENTS

The visit proceeded as scheduled despite heightened political activity in the Philippines, including developments in the Senate. In a press briefing, Palace Press Officer Claire Castro emphasized: "Hindi po mapapahinto ang Pangulo sa kaniyang pagtatrabaho para sa taumbayan" – "The President will not be prevented from carrying out his work for the people."

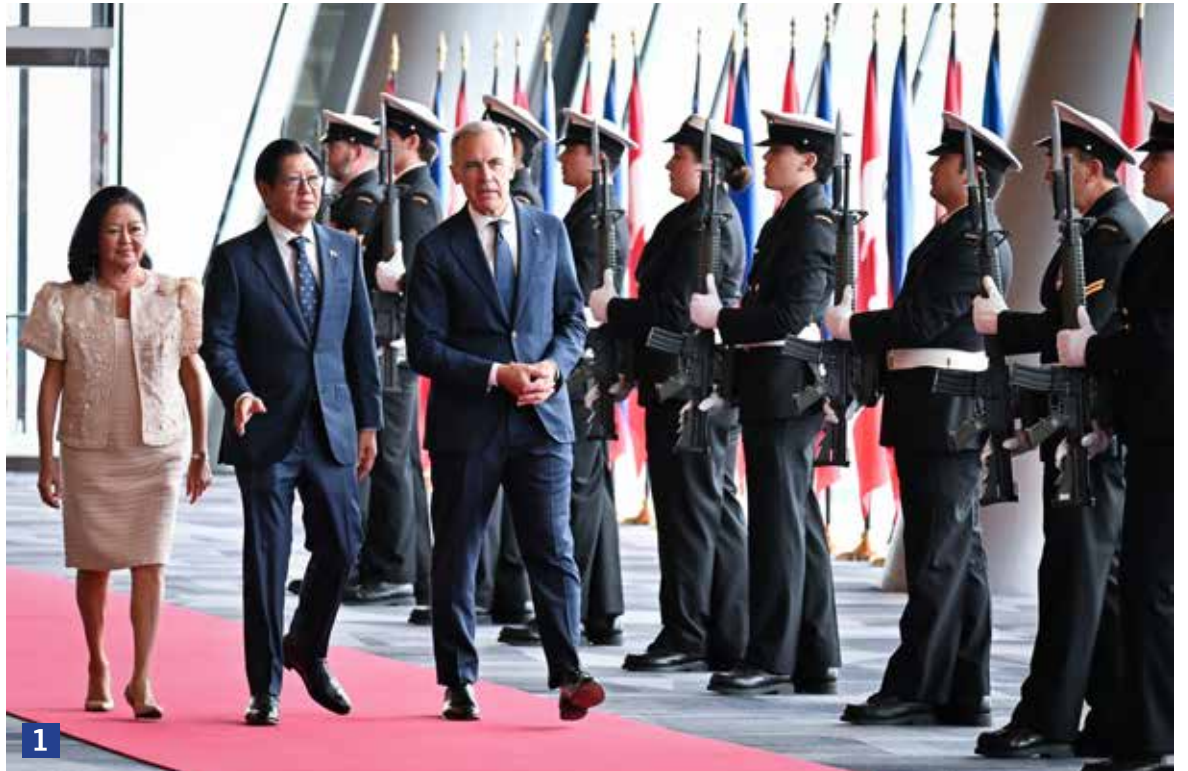
Malacañang underscored that the Canada trip was a long-scheduled state duty aimed at securing jobs, investments, and stronger alliances for Filipinos.

"The deepening of bilateral relations with Canada comes at a critical time," President Marcos said prior to departure. "Canada has been consistent and steadfast in its support for the Philippines' sovereignty."

EXPECTATION

With Canada as an ASEAN Dialogue Partner since 1977 and bilateral trade reaching \$3.4 billion in 2025, the Marcos administration views this Strategic Partnership as a foundation for long-term economic and security cooperation.

President Marcos and the Philippine delegation returned to Manila on July 5, 2026.



1. Pbbm With Canadian PM Mark Carney during arrival ceremony at Vancouver Convention Center.
2. Pbbm with Vancouver Consul General Gina Alagon Jamoralin, Dentr Sec. Juan Miguel Cuna, Dti Sec. Cristina Roque and Finance Sec. Frederick Go during the Roundtable discussions on critical minerals and energy at the Star Sapphire, Fairmont Pacific Rim Hotel, Vancouver, Canada.
3. Pbbm with PCCI Chairman Sergio R. Ortiz-Luiz Jr. and BCC President and CEO Goldy Hyder witness the signing of MOU between the Philippine Chamber of Commerce and Industry and the Business Council of Canada at Star Sapphire, Fairmont Pacific Rim, Vancouver, Canada. Also in photo are Dentr Sec. Juan Miguel Cuna, Dti Sec. Cristina Roque.
4. Pbbm With Canadian PM Mark Carney During Signing Of Bilateral Agreements at Vancouver Convention Center. Vancouver, Canada.
5. Pbbm during a one on one business meetings with B2Gold Corporation represented by its President and CEO Mike Cinnamond, Mr. Neil Reeder Vice President for Government Relation and Director Mr. Cris Acosta at Emerald Ballroom, Fairmont Pacific Rim Hotel, Vancouver, Canada. Also in photo are Atty. Mike Toledo President of Chamber of Mines of the Philippines, Dti Sec. Cristina Roque, Finance Sec. Frederick Go, Vancouver Consul General Gina Alagon Jamoralin, Dentr Sec. Juan Miguel Cuna, Philippine Ambassador to Canada Amb. Jose Victor Chan Gozaga.

For more photos, visit albertachronicle.com

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INDIVIDUALS & FAMILIES

Paul Briones and Family, Ibasco Family, Thomas Ancheta and Family, Angelica Cruz, Josephine "JLoo" and husband Andy Loesel, Bobby Castillo, Louie Serra, Andy and Rochelle Chua, Coy and Erl Ilaga, Ghie Nacilla, Alan and TJ, Manny Bautista, Olan and Weng Marante, Nicky and Lunha Gocuan, Olive and Joel Ibasco, Lily Samarita, Abel Cereno, Helen D. Cue Regier of RBC, Ode Mangune, Bam Estoesta, Arnel & Mina Aringo, Abet and Erica Dizon and daughter Luzel, Letty Tria and Company, Ode Mangune, and Many more

We ran short of our memory, and some may have forgotten to register. If you failed to see your names, please just remind our team and you will surely be acknowledged on our next issue. Don't worry, our hearts belong to you, dear supporters!

Are you ready for the third one?



ALBERTA CHRONICLE

A FILIPINO-CANADIAN NEWSPAPER



OFFICIAL STATEMENT

RE: ALBERTA CHRONICLE 2ND ANNIVERSARY CELEBRATION
AND OFFICIAL LAUNCHING OF FCJN WESTERN CANADA

As we celebrate the 2nd Anniversary of Alberta Chronicle and Official Launching of FCJN Western Canada, we extend our deepest gratitude to everyone who joined us in commemorating this milestone. To our readers, supporters, sponsors, guests, volunteers, community leaders, performers, media partners, and everyone who contributed their time and effort—thank you. Your unwavering support has allowed Alberta Chronicle to continue serving the Filipino-Canadian community with integrity, truth, and responsible journalism.

With the success of the celebration came an overwhelming turnout that exceeded our expectations. While we are truly grateful for the incredible response from the community, we also acknowledge that the large number of attendees resulted in unforeseen logistical challenges and delays. We sincerely apologize for any inconvenience experienced during the event.

As a news organization, Alberta Chronicle is committed to the highest standards of journalism—accuracy, fairness, and verification of facts. In light of comments and stories circulating on social media, we respectfully encourage everyone not to spread assumptions or conclusions based solely on secondhand information or hearsay.

If you have questions or concerns regarding the event, we welcome you to reach out to us directly. We believe in open communication and constructive dialogue, and we are prepared to address concerns with verified facts, not speculation. Responsible journalism values truth over rumors, and we hope our community will do the same.

Every event presents an opportunity to learn and improve. We are carefully reviewing the feedback we have received and are already working on ways to better accommodate our growing community in future celebrations. Your patience, understanding, and continued support inspire us to do even better.

To our dedicated volunteers and organizing team, thank you for your countless hours of service and for giving your best under extraordinary circumstances. Your hard work did not go unnoticed, and we are deeply grateful for your commitment.

Once again, thank you for making our 2nd Anniversary Celebration a memorable one. We appreciate every person who stood with us, celebrated with us, and believed in our mission.

“ We look forward to serving our community with even greater excellence—
and we promise to make next year's celebration even better.
Thank you for your trust. Thank you for your support. ”

ALBERTA CHRONICLE

A FILIPINO-CANADIAN NEWSPAPER
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Filipino Canadian Journalists Network Officially Launched in Western Canada



By ABC Team | Photos by Pio Trballo

Alberta Chronicle Marks 2nd Anniversary with 'Tipon ng mga Tinig' Celebration in Edmonton

EDMONTON, Alberta — July 12, 2026 — Hundreds gathered at The Events Place in Edmonton on the evening of **July 12, 2026**, for a historic back-to-back celebration: the **2nd Anniversary of the Alberta Chronicle** as its main highlight and the official **launch of the Filipino Canadian Journalists Network (FCJN)** in Western Canada.

The theme for both milestones was **'Tipon ng mga Tinig' — A Gathering of Voices**.

The program was hosted by lead Masters of Ceremonies Maria "Heart" Dagatan, Alan, and TJ Aquino.

Program Highlights

The evening opened with a song performance by **Coy Ilaga**, followed by an Opening Prayer by **Ode Mangune**, the **Canadian and Philippine National Anthems performed by Saranay Rondalla**, and a **Land Acknowledgement** by **Ms. Cherry Gotardo**.

Messages were delivered by:

Mr. Lito Mendoza Velasco, ABC Publisher & FCJN President for Western Canada;
Hon. Billy Morin, MP for Edmonton Northwest;
Hon. Jagsharan Singh Mahal, MP for Edmonton Southeast;
Hon. Garth Rowswell, MLA for Vermillion, Lloydminster, Wainwright;
Hon. Nathan Ip, MLA for Edmonton Southwest;
Ms. Ida Lucila, Edmonton Historian Laureate and ABC Journalist; and
Mr. Nicky Gocuan, Stakeholder Relations and Community Outreach Office of the Premier, Government of Alberta.

The program also featured the **LUZVIMINDA Presentation with Book Introductions by Romeo Honorio and Maiden Mananzal-Frank**, and a **talk on the Filipino Charter School by Dr. Flor Valera**, and **Sean Savares from the office of MP Billy Morin**. Musical performances were given by **Coy Ilaga, Jloe, Saranay Rondalla, Prince Stefan of Robinsons Land Corporation**, and **Angellica Cruz**. The evening included a **Ceremonial Signing of MOUs with ABC Business Partners**, **Awarding**

of Certificates to ABC Journalists, and Raffle Draws.

The night concluded with a **Zumba session led by Manny Arban, TJ, and Allan.**

Launch of FCJN Western Canada

Another highlight of the evening was the **Official Launching of FCJN**.

OMNI News Anchor and FCJN Chairman Ron Gaglac and FCJN Vice Chairman Bernard Gregorio delivered messages, followed by the **Oath Taking and awarding of Membership Certificates to 14 Founding Members and Officers.**

Lito Mendoza Velasco has officially begun his term as **President of FCJN for Western Canada.**

"Two years ago, we chose to build something we could call our own," Velasco said.

"It started here in Alberta — an idea to share Filipino stories with respect, accuracy, and pride. A space where our voices are heard, seen, and taken seriously," said Velasco, who is also the founder of the Edmonton-based **Alberta Chronicle**.

"From the very beginning, our job has been to inform. We report on the decisions, events, and people that shape the lives of Filipinos in this province," Velasco added.

The founding of FCJN aims to:

1. **Increase the number of Filipino Canadians in Canadian newsrooms** and create more Filipino expert sources for national discourse.
2. **Connect professional journalists with students and freelancers.**
3. **Promote ethical reporting** and provide credible information on issues.
4. **Defend press freedom** and take a stand against disinformation.

"FCJN is not just an organization

but a movement to amplify voices of the community and contribute to the success of Canada," said **OMNI News Anchor and FCJN Chairman Ron Gaglac**.

"FCJN is dedicated to upholding responsible journalism, help navigate the challenges of disinformation, and elevate the community's contributions to Canadian society," Gaglac added.

There are currently **15 founding members of FCJN in Western Canada.**

Special Acknowledgment

The **Alberta Chronicle** also extend a special thanks to **Mario and Esther Asuncion** for graciously hosting the **first ever meeting of the group in their home two years ago** — the humble beginning that led to this milestone.

Message of Gratitude

On behalf of the **Alberta Chronicle** and **FCJN**, organizers extended deep gratitude to **all sponsors and advertisers, different organizations, friends, relatives, and individuals**. "Your contributions are greatly appreciated and your presence made the evening even more meaningful. You are too many to mention individually, but you know who you are."

To our well-known Vloggers ang Volunteer Photographers

Benjie Lindo Live, Pogi ng Canada, Soc De Mesa, and Jaime Mendoza. Photographers: **Pio Trballo** and **John Vincent Deyro**. Videographer **Rodge Cultura**. **Maraming salamat sa inyo!**

Organizers also thanked those who were unable to enter the venue. "The venue was unexpectedly jam-packed, and we are truly humbled by the overwhelming support. **Maraming salamat po for showing up for our community.**"

For more photos, visit albertachronicle.com



OMNI News Anchor and FCJN Chairman Ron Gaglac (right) congratulates Lito Mendoza Velasco (left), President of FCJN for Western Canada, after the oath-taking ceremony held in Edmonton, Alta.





L-R: Jamil, Arielle (Birthday girl, Lito's daughter), Angeleena, Aaron (Lito's Son) - Photo by Cip Cipres



Events Place by Sound Check - Photo by Lito

Tipon ng mga Tinig: A Gathering of Voices

By Lito Mendoza Velasco | Photos by Pio Traballo

Maligayang buhay, mga kababayan!

We celebrate on July 12 — two days before July 14 — but it carries two meanings that will last a lifetime. July 14, we mark the 2nd Anniversary of the **Alberta Chronicle**. July 12, 2026, we also formally launch the Filipino-Canadian Journalists Network.

And we do both under one calling: **Tipon ng mga Tinig — A Gathering of Voices. Two years ago, we dared to Form something.**

We started with a simple idea: Alberta needs a newspaper where Filipino stories are told with respect, truth, and pride. A paper where our voices are not just heard but taken seriously. **Tipon ng mga Tinig was born from that dream — to gather every voice that matters.**

With a grateful heart, I look back.

It was the **Alberta Filipino Journal** that first opened the door for me in journalism. I am deeply thankful to my fraternity brother

Al San Pedro for introducing me to his brother **Arnel San Pedro, our maiden issue's Editor-in-Chief**. And to **JP Manalang**, the artist **behind our first layout** — maraming salamat. Your mentorship, your work, and your trust built the foundation we stand on today.

From day one, our mission has been **to Inform**.

Through the **Alberta Chronicle** and through **Tipon ng mga Tinig**, we cover the decisions, events, and people shaping Filipino life in Alberta.

Because news is more than headlines. It is how our families plan, protect, and participate in the life we have built here.

But we didn't stop there. We are here **to Transform**.

Tipon ng mga Tinig means changing how our stories are told — and who gets to tell them. With the launch of FCJN, we are no

longer just individual writers. We are a **tipon** — a community of practice. We will mentor each other, collaborate across cities, and raise the bar for **Filipino-Canadian journalism**.

We must also **Reform**.

How our newsroom welcomes more women, more youth, more sectors. And how, issue after issue, we earn and keep your trust.

Your support gave rise my enthusiasm to pursue with this advocacy

To our government representatives and the Philippine Consular Office, to community leaders, business owners, sponsors, families and friends — **maraming salamat**.

And to our silent benefactors — your generosity may not always be named, but we feel it on every page. This night would not be possible without you.

On a personal note, July 14 will always be special.

It is my daughter **Arielle's birthday**, and the day I received my permanent position at the **University of Alberta Hospital**. And yes, her brother **Aaron** has always been here too to cheer for his ate. Two reminders that life, service, and commitment walk together.

To our columnists, contributors, readers, advertisers, and partners: maraming salamat po! You are the reason we made it to year two. You are the tinig in this pagtitipon.

To the members of FCJN: **Write bravely. Report fairly. Serve the community first.** Because we don't just record history. Through **Tipon ng mga Tinig**, we help shape it.

Form. Inform. Transform. Reform.

That is our promise as we step into year three — together, as one **Tipon ng mga Tinig**.

Mabuhay ang malayang pamamahayag! Maraming salamat po!



For more photos, visit albertachronicle.com

A Return to the Magic: Eleven Years Later at Walt Disney World



MY CLICKS John Vincent Deyro

trip, setting the stage for days filled with laughter, heartfelt conversations, and cherished memories.

Our welcome to Florida was unforgettable for another reason—the intense summer heat. Stepping outside Orlando International Airport, we were immediately greeted by scorching temperatures and heavy humidity. Coming from Edmonton's cooler, drier climate, the weather was far more challenging than I remembered.

We returned to Holiday Inn Club Vacations at Orange Lake Resort, this time staying closer to the lake, swimming pools, tennis courts, and other amenities. Although our room no longer overlooked Disney's nightly fireworks, the resort remained a wonderful place to unwind and spend quality time with family and friends.

Our first evening together felt more like a family reunion than a vacation. The adults enjoyed karaoke while the ladies prepared delicious home-cooked meals. Meanwhile, the children, meeting for the first time, quickly became friends. Watching old friendships rekindle while new ones blossomed among the younger generation was one of the trip's most rewarding moments.

Another highlight was reconnecting with my cousin Em, whom I had not seen in nearly sixteen years. He and his wife, Jheng, drove from Tampa to spend the day with us. We explored Orlando's outlet malls before visiting Disney Springs, where familiar sights brought back memories from our first Disney adventure.

One pleasant surprise was experiencing a Brazilian steakhouse for the first time. Servers continuously brought freshly grilled cuts of steak, chicken, and other meats directly to our table, carving each serving on the spot. It was a unique dining experience that quickly became one of the vacation's culinary highlights.

Our visit also coincided with the Fourth of July celebrations. Families gathered around the resort's lake and swimming pool to enjoy music, dancing, swimming, and an impressive fireworks display. Celebrating Independence Day in the United States for the first time gave us a chance to experience the country's festive spirit and sense of community.

Of course, no trip to Orlando would be complete without visiting the Magic Kingdom. As the designated driver for our group, I looked forward to returning to one of my favorite places. Unfortunately, Florida's extreme heat made the day physically exhausting. Walking under the blazing sun quickly drained my energy, leaving me searching for shade and air-conditioned rest stops more often than attractions.

Still, I was determined to enjoy one Disney classic—Space Mountain. The thrilling indoor roller coaster remains one of my all-time favorite rides and is a must-try for anyone visiting the park.

Not everything went according to plan. Disney's famous parade was cancelled several times due to approaching storms before heavy rain finally swept across the park. While my wife, our girls, and the children continued exploring despite the rain, I stayed behind inside an air-conditioned restaurant after beginning to feel unwell. A similar experience followed at SeaWorld, where the combination of intense heat and long walks again left me exhausted.

The experience reminded me that visiting Florida in the summer requires preparation. Staying hydrated, wearing sunscreen, lightweight clothing, a wide-brimmed hat, and carrying a light rain jacket are essential. Bringing homemade snacks—like our ham rolls and sticky rice wrapped in seaweed—not only saved money but also made busy park days much more convenient. If possible, I'd recommend visiting during the cooler winter months for a more comfortable experience.

Yet, this vacation was never just about Disney or theme parks. It was about reconnecting with people who have remained part of our lives despite the years and the miles between us. My wife's joyful reunion with her best friends—Kath, Girlie, and Chat—along with spending time with Jun, Arnel, Robin, and all of our children created memories that no photograph could fully capture. We also celebrated our son TJ's birthday alongside Samantha's birthday before ending our trip with a memorable farewell dinner at LongHorn Steakhouse.

Although the Florida heat prevented me from enjoying every attraction as I had hoped, I returned home with something far more valuable than souvenirs. I came home with renewed friendships, stronger family bonds, and memories that will last a lifetime.

After eleven years, I realized that the happiest place on earth isn't defined by castles, rides, or fireworks. Its true magic is found in the people beside you—the family, friends, and loved ones who transform every journey into an unforgettable story.

There are places in life that leave such a lasting impression that you dream of returning someday. For me, that place is the Magic Kingdom at Walt Disney World in Orlando, Florida. After eleven years, I never imagined I would have the opportunity to visit again. This year, however, that dream finally came true—and I discovered that the greatest magic wasn't found in the attractions, but in the people who shared the journey.

Our first visit was in 2015 when my wife, our three-year-old son, and I traveled from Edmonton to the United States. We stayed with my wife's best friend in South Carolina

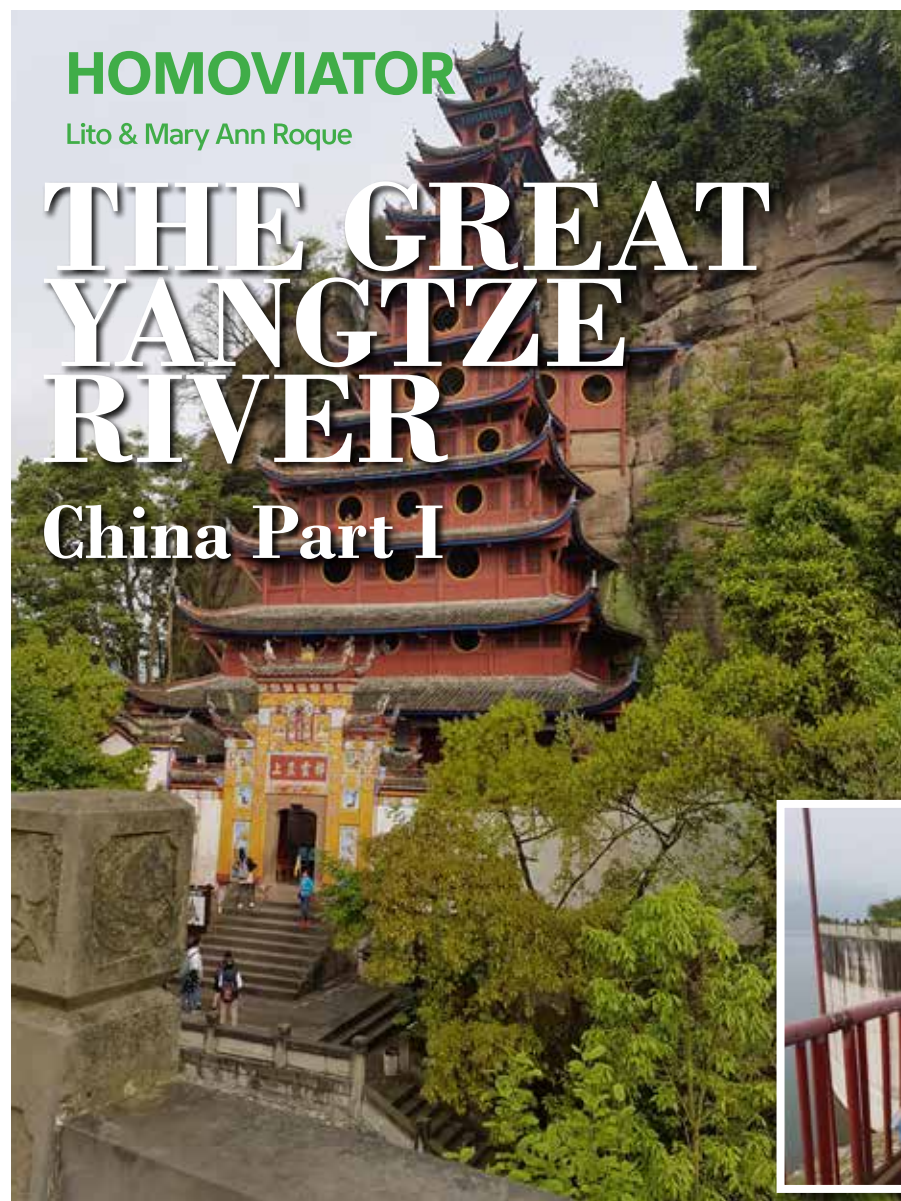
before taking a seven-hour road trip to Orlando—the first time I had ever driven in the U.S. We spent several days at Holiday Inn Club Vacations at Orange Lake Resort, where evenings were made even more memorable by watching Disney's fireworks from our balcony.

Eleven years later, our adventure began with a direct flight to Orlando. At the airport, my wife was reunited with her best friend for the first time in more than a decade. That emotional reunion was the true purpose of our



HOMOVIATOR

Lito & Mary Ann Roque

**THE GREAT
YANGTZE
RIVER**
China Part I

The Yangtze River is the 3rd longest river in the world, the longest river in Asia and in China. It is known for many things, but most famous as the cradle of Chinese civilization. On day 7 of our 15 day China tour, we took a short flight from Shanghai to the city of Yichang where we boarded the President 7 Cruise ship to traverse the Yangtze.

The first stop was the Three Gorges Dam Project, a project that yielded the world's largest dam, measuring 606 feet high and 6,500 feet long. To put it into some sizeable context, Three Gorges Dam is 6 times longer than the Hoover dam in Nevada and generates up to 11 times more hydroelectric power. Because of its size and capacity, this dam affects the earth's rotation, slowing it down and lengthening the day. The dam holds back up to 40 billion tons of water, elevates it and shifts the weight away from the earth's axis. Imagine that.

We were awed by what man's engineering feat has accomplished. But we were also saddened to learn that building the dam displaced over 1.3 million people and submerged over 1,000 cities, towns and

villages and with them the loss of important remnants of cultural history. Only above the water, high on the sheer cliffs along the river did we see the famous hanging coffins, boat shaped and wooden, remnants of the Bo Tribe. Cruising through the gorges afforded us quiet beauty with the scenery; monkeys and goats along the river banks, beautiful rock formations and ancient architecture, including the 12 storey Shibaozhai Pagoda, built in the 18th century. Where the river passage was too narrow for the cruise ship, we were loaded onto small riverboats and rowed along the streams by the tenacious, hardworking individuals such as farmers who were displaced from their homes and land by the Three Gorges dam project and who turned to the tourism industry to make a living.

The chance to sail along the Yangtze was a novelty and a privilege. It was also a humbling experience to see man's modernization, engineering accomplishment and capacity that incurred the cost of losing land, communities, history, culture, heritage and the sacrifice of livelihood and family.

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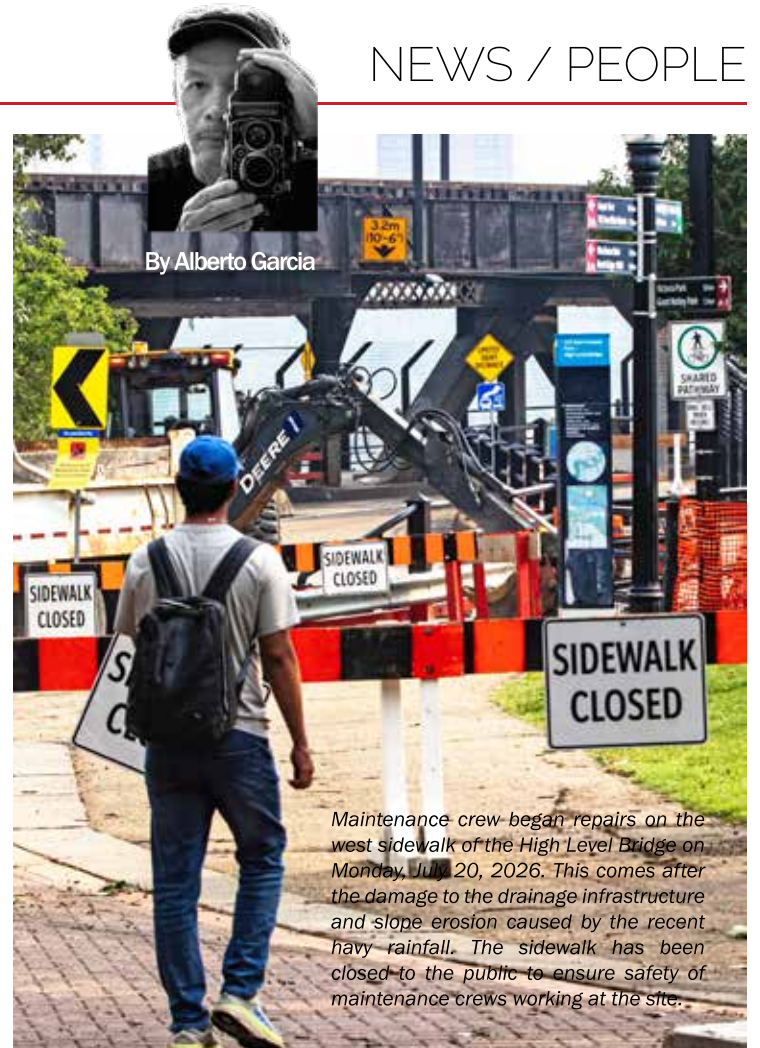
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High Level bridge closure and Edmonton Air quality



A couple sits on a bench overlooking Edmonton's River Valley as wildfire smoke blankets the city on Monday, July 20, 2026.



By Alberto Garcia

Maintenance crew began repairs on the west sidewalk of the High Level Bridge on Monday, July 20, 2026. This comes after the damage to the drainage infrastructure and slope erosion caused by the recent heavy rainfall. The sidewalk has been closed to the public to ensure safety of maintenance crews working at the site.

COY ILAGA: A Lifelong Dream Through Music

By Alberto Garcia

Coy Ilaga, 58, still remembers the dream he had as a Grade VI student — to become a singer. Growing up in Pasay City, Philippines, he would often listen to a group of men in his neighbourhood playing guitars and singing together. As a young boy, he would tell himself, “Pag laki ko, gagayahin ko sila” (“When I grow up, I will be like them”). That childhood dream became the foundation of his lifelong passion for music.

While pursuing his love for singing, Coy worked as a repairman, fixing televisions, Betamax players, and other home appliances in his Pasay City neighbourhood. He also discovered his talent for songwriting and composed an original song titled “Malaya.”

The song was inspired by a painful chapter in his life when his childhood sweetheart decided to end their relationship. Instead of holding on, Coy chose to let her go, telling her she was free to follow her own path. That emotional experience became the inspiration behind Malaya — a song about love, acceptance, and the courage to let go.

In 2001, Coy had the opportunity to become part of one of Nora Aunor's television dramas, where he played guitar and sang. The experience gave him a glimpse of the entertainment industry and brought him closer to pursuing his dream as a performer.

Coy and his family immigrated to Canada in 2016, where he started his own business specializing in the repair of home appliances and electronic equipment. His breakthrough as a musician in Edmonton came when he began uploading videos of his performances on his YouTube channel.

A former Boston Pizza manager named Son discovered Coy's videos, was impressed by his talent, and invited him to perform at one of the restaurant's Edmonton locations. That opportunity became the beginning of Coy's journey as a performing musician in the city.

Known for his distinctive one-man-band style, Coy's live performances typically feature his acoustic guitar and his heartfelt renditions of songs by artists such as James Taylor and Simon & Garfunkel. His goal is simple: to

create a relaxing atmosphere where people can unwind, enjoy the music, and reconnect with timeless songs.

Coy admits that establishing himself as a singer in Edmonton has not been easy. He feels that local Filipino artists often receive less support from the community compared to performers who are already recognized in the entertainment industry.

Despite the challenges, Coy continues to find joy in performing, especially for Filipino audiences. For him, every performance brings back memories of home. He says that whenever he sings in front of Filipinos, he feels as if he is back in the Philippines — surrounded by familiar faces, shared culture, and the music that shaped his life.



This was taken last June 26 during the Solo Singing Competition at the Five and Dive Bar inside West Edmonton Mall.

Photos by Alberto Garcia



MAKAPINOY: LAKBAY

A Journey Through Filipino Heritage, Creativity, and Identity



Submitted by Maharlika "Harliik" Mirasol II | Photos By Alberto Garcia

On July 11, 2026, the Grand Lobby of Edmonton City Hall became a vibrant showcase of Filipino culture as MAKAPINOY: LAKBAY took audiences on an immersive journey through the Philippines—without ever leaving Alberta.

Hosted by Jeph Flores, the program opened with welcome remarks from Ida Beltran-Lucila, founder of the Philippine Arts Council and Edmonton's first Filipino Historian Laureate, who emphasized the importance of preserving and celebrating Filipino heritage for future generations.

More than a fashion show, Lakbay was a cultural experience that celebrated

Filipino identity through fashion, music, dance, and storytelling. Bringing together designers, performers, models, and community leaders, the event highlighted the diversity and creativity that define the Filipino spirit.

The journey began in Mindanao with Bulawan, a tribute to the country's Indigenous peoples. Rich textiles, intricate craftsmanship, and traditional-inspired designs honored ancestral artistry while demonstrating its lasting influence on contemporary fashion.

A special preview of Bathala International: Descent of the Gods, presented by Rey Caparino and Mark

Cedilla, brought Philippine mythology to life. Young models confidently showcased imaginative creations inspired by Filipino deities and legendary figures, proving that cultural storytelling continues to inspire new generations.

The celebration then moved to the Visayas with Kadayawan, capturing the vibrant colors and festive spirit of one of the Philippines' most celebrated festivals. Traditional motifs blended seamlessly with modern silhouettes, reflecting both heritage and innovation.

Representing Luzon, Amihan reimagined the elegance of the Santacruzan through contemporary couture. Inspired by grace and serenity, the collection honored faith, history, and timeless Filipino pageantry with a fresh, modern perspective.

One of the afternoon's defining moments was Descent of the Gods, featuring the extraordinary creations of designer Glenn Anacan Gonzales. Drawing from Philippine mythology, the collection transformed ancient legends into breathtaking couture, affirming that Filipino stories belong on the global fashion stage.

The program concluded with a bridal finale featuring timeless gowns symbolizing hope, unity, and new beginnings—a fitting finale to a journey celebrating both Filipino heritage and its evolving future.

The event also showcased the work

of distinguished Filipino designers. Fely Agader of Fort Saskatchewan highlighted traditional Filipino textiles through elegant contemporary designs, while Simon Ariel Vasquez presented hand-painted Barong Tagalog in modern silhouettes that beautifully fused heritage with innovation.

Beyond the runway, MAKAPINOY: LAKBAY demonstrated how culture can unite communities. The event connected generations of Filipino Canadians while introducing wider audiences to the richness of Philippine arts, traditions, and creativity. It affirmed that culture is not simply preserved—it is continually lived, shared, and reimagined.

Under the leadership of Dr. Maharlika "Harliik" Mirasol II, MAKAPINOY continues to provide meaningful platforms for Filipino artists, designers, and cultural advocates. Through immersive cultural experiences, the organization fosters pride, strengthens identity, and showcases Filipino excellence both locally and internationally.

As the final models took their last walk to enthusiastic applause, one message resonated throughout Edmonton City Hall: Filipino culture is vibrant, resilient, and ever evolving. MAKAPINOY: LAKBAY was more than an event—it was a celebration of heritage, creativity, and identity, reminding everyone that wherever Filipinos go, their culture journeys with them.

Why the Epistle to the Romans Still Matters in the Modern World



THE HIGHER CALLING

Pastor Johnny Rafio

The Epistle to the Romans was written by the Apostle Paul nearly two thousand years ago, yet its message remains remarkably relevant today. While civilizations, governments, and cultures have changed over the centuries, the human heart has not. The same struggles that confronted the first-century church continue to confront believers in every generation.

When Paul wrote to the Christians in Rome, they were living in the capital of the Roman Empire, a society admired for its wealth, military power, political influence, philosophy, architecture, and entertainment. Beneath its greatness, however, Rome was also characterized by widespread idol worship, moral corruption, sexual immorality, social elitism and the pursuit of pleasure and status. The culture often encouraged people to seek personal glory rather than honor God.

Paul recognized that these cultural influences could gradually shape the thinking of believers. His concern was not only for the unbelieving world but also for the churches in Rome. He wanted Christians to be firmly established in the Gospel so they would not adopt the values of the society around them.

This concern is clearly expressed in Romans chapter 1. Paul writes in Romans 1:21-25 *"For although they knew God, they did not glorify Him as God, nor were thankful, but became futile in their thoughts... They exchanged the truth of God for a lie, and worshiped and served the creature rather than the Creator."*

Paul identifies the root problem of humanity, not merely immoral behavior, but the rejection of God. When people exchange God's truth for their own desires, they begin to replace the Creator with created things. In the Roman world, this often took the form of idol worship. Today, idolatry may not always involve carved images, but it can still take many forms.

Modern culture often encourages people to pursue wealth, success, fame, pleasure, entertainment, social media influence, career advancement, or personal achievement as life's highest goals. While these things are not necessarily wrong in themselves, they become idols when they take God's rightful place in our hearts. Like Paul's day, people still seek fulfillment apart from God. History repeats itself because human nature remains the same. Although the appearance of culture changes, the spiritual battle does not. Every generation faces the temptation to exchange God's truth for the values promoted by the surrounding culture.

Yet Romans is not merely a book of warning, it is a book of hope. After exposing humanity's need in Romans chapter 1, Paul unfolds God's answer through the Gospel of Jesus Christ. He explains that salvation is found not through human effort but through faith in Christ, whose death and resurrection provide forgiveness, righteousness, and new life for all who believe. Paul later gives the practical response every believer should have in Romans 12:2 *"Do not be conformed to this world, but be transformed by the renewing of your mind."*

Romans chapter 1 reveals the problem: humanity exchanging God's truth for a lie. Romans chapter 12 reveals the solution: believers whose minds are transformed by the Word of God rather than shaped by the values of the world.

The message of Romans is therefore timeless. It reminds every generation that while cultures, governments, and societies may change, the Gospel of Jesus Christ never changes. Paul's letter calls every believer to stand firm in God's truth and live for the Creator rather than the culture.

Today, as in the first century, the Epistle to the Romans stands as a powerful reminder that the church is called not to reflect the culture around it, but to reflect the character of our Lord Jesus Christ. History may repeat itself, but God's truth remains constant, and His Gospel continues to transform lives in every generation.

From Batok to Baybayin: SINAUNA Brings Ancient Filipino Traditions to Life in Edmonton

EDMONTON, Alberta — June 27, 2026 — The University of Alberta's Education Centre North came alive with the sights, sounds, and stories of the Philippines' pre-colonial past during **"SINAUNA: Pre-colonial Traditions and Tribal Patterns."**

Presented by the **University of Alberta Department of East Asian Studies** in partnership with the **University of the Philippines Alumni Association Edmonton [UPAAE]** and community organizations including **EPIC, Migrante Alberta, Kilusang Kabataan, Hibla PH, and Anakbayan**, the free event was held in celebration of Philippine Heritage Month.

The program featured award-winning tattoo artist **Mayo Landicho** and **Edmonton Historian Laureate Ida Beltran Lucila**. Guests experienced art exhibits, cultural displays, shared community stories, and a **live Batok demonstration** by Mayo — offering a rare, hands-on look at an ancient Filipino tradition.

"SINAUNA was about remembering where we came from," said Dr. Mila Bongco-Philipzig, member of the Philippine Studies Board at U of A and former UPAAE President. "It's important for younger generations to see that our identity did not begin with colonization. We had our own art, governance, and spirituality."

The event was made possible through the initiative of **Dr. Daniel Fried**, Chair of the Department of East Asian Studies. In his role as Lead of the Philippine Studies component, Dr. Fried reached out to community partners to create a program that would honor Filipino heritage.

UPAAE coordinated speakers and logistics, with support from community groups. The Department of East Asian Studies provided funding and administrative support.

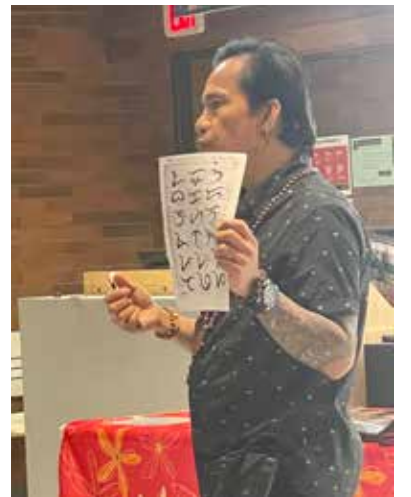
Dr. Fried was unable to attend as he was in China and was represented by **Dr. Joseph Patrouch**.

Organizers say the turnout and engagement showed a strong community appetite for learning about pre-colonial Filipino culture.

"Events like this connect us to our roots," said one attendee. "It reminds us that our traditions are still alive — in our art, in our stories, and in us."



Edmonton Historian Laureate Ida Beltran Lucila addresses guests during the SINAUNA event at the University of Alberta.



Mayo Landicho showcased the traditional Filipino tattooing practice and explained the significance of Baybayin and its use in Batok.



Dr. Mila Bongco-Philipzig and Ida Beltran-Lucila



Edmonton Philippine International Centre president Giselle General entertains questions.



Kabataang Makabayan



Migrante Alberta

Photos by Jojo Lucila

Nelson Rodriguez Honoured as One of 100 Global Filipino Entrepreneurs

By Alberta Chronicle Team

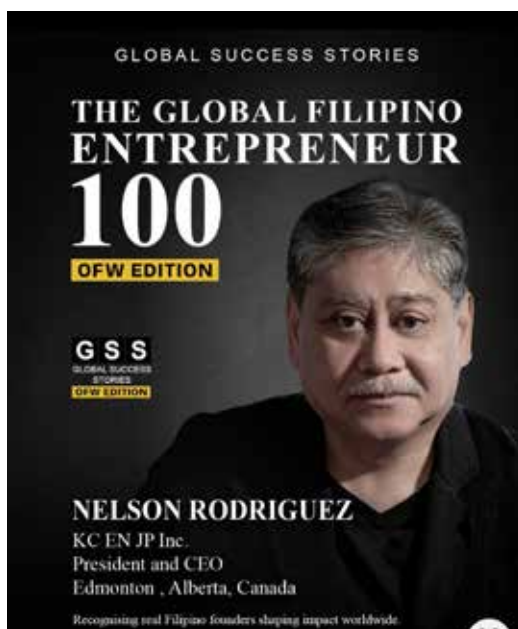
It is a distinct honour to recognize **Nelson Rodriguez** as one of the **100 Global Filipino Entrepreneurs** for his remarkable contributions to business development, franchising, and corporate leadership across Canada.

Nelson's path reflects the power of perseverance and foresight. Arriving in Canada as a newcomer, he transformed ambition into action by building **KC EN JP Inc.**, a multi-sector enterprise with holdings in quick-service dining, property, travel services, and insurance. His story embodies grit, strategic thinking, and a steadfast drive to generate opportunity through business.

As **Master Franchisee for Potato Corner Canada** and one of the nation's leading operators of **Edo Japan**, Nelson has played a pivotal role in growing well-known food brands coast to coast. Beyond menu expansion, his ventures have generated employment, supported local suppliers, and strengthened the franchise ecosystem in Canada.

A landmark moment in his career occurred at the launch of Jollibee Vancouver, where Nelson was introduced as the **first Jollibee franchisee in Canada and the first Filipino Jollibee franchise owner in North America**. The significance of this milestone was underscored by the presence of **Canadian Prime Minister Mark Carney and Philippine President Ferdinand R. Marcos Jr.** as Guests of Honor — a clear signal of how Filipino enterprise is gaining prominence on the world stage. **Reflecting on the journey, Nelson shared:**

"This recognition is not just about me. It's about every Filipino who dared to start small, work hard, and believe that we can build something meaningful here in Canada. My goal has always been to create jobs, open doors, and show that Filipino entrepreneurship belongs on the global stage."



Nelson is widely respected for his forward-looking leadership and his commitment to scaling Filipino-owned ventures internationally. Through sustained investment in franchising and enterprise growth, he has helped amplify the visibility of Filipino business globally while serving as a role model for aspiring entrepreneurs and overseas Filipinos.

Global Success Stories proudly celebrates Nelson Rodriguez. His journey affirms that with resolve, creativity, and a pursuit of excellence,



Meeting with PM Carney and PBBM



Celebrated the historic signing of the first franchisee agreement of Jollibee in Canada, with our Vancouver Team and Philippine Airline Executives with a dinner at Kirin

Filipino entrepreneurs can establish enduring enterprises that open doors, uplift communities, and leave a lasting mark on the international business arena.

Birns & Sawyer Studios Canada Launches in Calgary with *Nurse the Dead*

Hollywood Legacy Expands North as Birns & Sawyer Studios Canada Launches in Calgary, Bridging Hollywood, Alberta and the Philippines Through Storytelling
New Calgary-based production company celebrates its



launch by honoring nurses through its first completed production, *Nurse the Dead*, while investing in Alberta's growing film and television industry.

CALGARY, AB – After more than seven decades helping shape Hollywood productions, legendary production company Birns & Sawyer is entering a new chapter with the launch of Birns & Sawyer Studios Canada (BSSC), a Calgary-based production company dedicated to developing original film and television while connecting Alberta with Hollywood and the Philippines through international storytelling and production.

The launch marks a significant expansion of the company's historic legacy beyond production support into original content creation and production services in Alberta, creating new opportunities for local writers, crews, performers and filmmakers while attracting international productions to one of Canada's fastest-growing production destinations.

BSSC's first completed line production is *Nurse the Dead*, the first Filipino studio-produced television series filmed in Hollywood, now streaming worldwide on iWant, ABS-CBN's global streaming platform.

To commemorate both the launch of Birns & Sawyer Studios Canada and its inaugural production, BSSC will host a special not-for-profit community red carpet screening of the first two episodes of *Nurse the Dead* on Wednesday, July 22, 2026, at Globe Cinema in downtown Calgary with SmileKo and Blas Real Estate Group as the presenting sponsors for the event.

Presented in partnership with the Philippine

Consulate General in Calgary, the Philippine Canadian Nurses Association, Mac Martial Arts, Filipinos Rising, Sentro Rizal, Kapwa Care, Anderson Physiotherapy, Cindee Martinez and other local community organizations and Filipino-owned businesses, the evening is dedicated to honoring nurses, caregivers, healthcare professionals and immigrant families whose compassion and sacrifice continue to strengthen communities across Canada and around the world.

Rather than introducing itself through a traditional corporate launch, Birns & Sawyer Studios Canada chose to begin its journey by giving back to the very community that inspired its first production.

"Birns & Sawyer has spent more than 70 years helping filmmakers bring their stories to life," said Mari Acevedo, Chief Executive Officer of Birns & Sawyer Studios Canada. "With the launch of Birns & Sawyer Studios Canada, we are building on that incredible legacy by producing original stories while creating new opportunities for filmmakers here in Alberta. Calgary has an extraordinary creative community, and we are excited to connect local talent with Hollywood and international productions while bringing more film and television projects to this province. We believe Alberta has the talent, the creativity and the heart to become a global destination for storytelling, and we're proud to be part of that future."

Created by Filipino-American writer, and showrunner Mark Labella, *Nurse the Dead* is a supernatural workplace dramedy that follows a young Filipino nurse supervisor working in a haunted Los Angeles hospital who unexpectedly discovers she can communicate with ghosts.

[Read the full article at albertachronicle.com](https://albertachronicle.com)

The Touch of Angel Massage Clinic



THE SCOOP Roe Mendoza-Jacinto

Have you ever experienced back pain or body aches that made you think, "I really need a good massage"? Maybe you've even booked a massage therapy session, only to leave feeling disappointed—or worse, feeling more sore than when you arrived. Many of us can relate to that experience. Whether your discomfort is caused by stress, long hours at work, the natural effects of aging, or you simply want to relax and recharge, finding the right massage therapist can make all the difference.

That's why I'd like to introduce Annie Collado, a Filipino Registered Massage Therapist with over four years of professional experience. Annie is dedicated to providing honest, personalized, and effective massage therapy that focuses on addressing your body's specific needs rather than offering

a one-size-fits-all treatment. Her goal is to help clients find relief from pain, reduce stress, improve mobility, and leave each session feeling refreshed and restored. Annie operates her home-based practice, **Touch of Angel Massage Clinic**, where she provides a warm, welcoming, clean, and professional environment for every client. If you're looking for a massage therapist who genuinely cares about your well-being and is committed to helping you feel your best, Touch of Angel Massage Clinic is a place worth considering.

In an interview with her, she said The Touch of Angel Massage Clinic was established to provide professional massage therapy in a peaceful and caring environment. The clinic was founded because I wanted to help people relieve pain, reduce stress and improve their overall health through therapeutic massage. The name "Touch of Angel" reflects the goal of giving every client gentle, compassionate and healing care, making them feel comfortable and well looked after. I named the clinic after my daughter, Angel. She has always been my greatest inspiration. I create personal treatment plans that help the clients achieve their wellness goals. I also strive to build trust with clients through clear communication, compassionate care and continuous learning to improve.



What makes Touch of Angel stand out from other competitors is I genuinely care about my clients' wellbeing. It's not about the money they pay me or the insurance; it is about the person and their well-being. I focus on delivering personalized treatments, building trust through good communication and maintaining a professional, reliable attitude. My goal is to ensure every client leaves feeling better when they leave.



ASIA TEL OUTSOURCING, INC.

EDMONTON, Alberta — July 14, 2026 — AsiaTel Outsourcing Inc. (TSXV: ATOI) has become the first Philippine-founded business process outsourcing company to list on the TSX Venture Exchange.

The listing was completed through a qualifying transaction with Edmonton-based **New Media Capital 2.0 Inc.**, giving AsiaTel a Canadian public-market platform to support its continued international growth. Following the completion of the transaction, the company began trading under the symbol **ATOI**.

Founded in the Philippines, AsiaTel provides remote staffing, managed services, specialized professional support, and AI-assisted business solutions to international clients. Backed by nearly two decades of operating experience, the company generates more than **\$8.3 million in annual revenue**, employs approximately **500 people** in the Philippines, and serves clients across **eight countries**.

New Media Capital 2.0 Inc. was created as a Capital Pool Company with one objective: to help the right private business access Canada's public markets and support its next stage of growth. That objective has now been achieved.

Transactions like this require persistence, patience, and the work of many. "I am grateful to everyone who helped bring New Media Capital 2.0 and AsiaTel together and carry the transaction across the finish line," said Oula Sanduga.



Congratulations to the entire AsiaTel team. This is an important achievement — and just the beginning.



Jasjit "Andy" Singh Annand,
CEO of Asia Tel Outsourcing, Inc.



Asia Tel Team

CHRONICLES OF JOY: LIFE'S CELEBRATIONS

Life is a magnificent journey that deserves to be honored with irrepressible enthusiasm, genuine appreciation, and a deep reverence for its infinite possibilities. At the Alberta Chronicle, we acknowledge the life-changing impact of birthdays and reserve space to extend warmest and most sincere greetings to commemorate these remarkable achievements.

Rackel's Glittering Day



Rackel Pascual - July 16



Rackel's Family



Rackel's Friends



L-R: Lito Velasco, Nicky Gocuan, Lunha Gocuan, Rackel, Ghie Nacilla, Nattie De Leon, Mel De Leon

Ronald Marante: Showered with much love on his 6th Decade - June 26



Happy birthday Manang Gloria Daus

(First on right)



Birthdays don't stop them

Even on their birthdays, duty comes first. Vincent and Jarret celebrated at work — a true example of commitment and service.



L-R: Randy, Paul, Vicky, Mary Jane, Jarret, Vincent

A mother's pride.

Carmelita Calderon-Votary listened with tears and a smile as her daughter Jeremelle poured out her love in a message that touched everyone.

- Photo by Lito Velasco



The celebrant and her daughter Jeremelle - July 18

Welcome to the Christian World Amelia Caterina. Daughter of Reyemar and Jackie Cabios

Grandma Marites, Daddy Reyemar, Baby Amelia Caterina, and Mommy Jackie



At Our Lady of Fatima Catholic Church, 12311 55 Street, Edmonton, Alberta.

TJ Aquino and Andy Loesel Celebrate Joint Birthday

EDMONTON — July 4, 2026 — The Loesel residence was the venue for a special double celebration as TJ Aquino and Andy Loesel, who share the same birthday, gathered with family and friends to mark the occasion. The event was a heartfelt reminder that life's milestones are best enjoyed in good company.



Happy 15th Birthday Kyle Happy 17th bday Sam and 14th bday TJ



SexBomb Girls Bring Nostalgia and Filipino Pride to Edmonton



**STRAIGHT
FROM THE
HEART**
Maria Dagatan

Filipino music lovers and fans of the iconic SexBomb Girls were treated to an unforgettable evening of music, dance, and energy as the **SexBomb Girls – Get, Get Aw!** Canada Tour took over the Edmonton EXPO Centre on July 10, 2026. The highly anticipated concert brought together generations of Filipinos who relived the songs and dance crazes that defined an era of Philippine entertainment.

From the moment the doors opened, excitement filled the venue as concertgoers eagerly awaited the arrival of one of the Philippines' most beloved all-female performance groups. The audience sang along to their timeless hits and celebrated a night that reminded everyone of the joy and unity that music brings.

Before the main event, the audience was energized by a dynamic opening dance number from **E-Force by Tres Marias Productions**, whose impressive choreography, and stage presence immediately set the tone for the evening. Their performance showcased the remarkable talent within Edmonton's Filipino community and prepared the crowd for the spectacular show that followed.

Keeping the energy alive throughout the program were the event's talented hosts, whose charisma, humor, and engaging personalities ensured that there was never a dull moment.

Events like these do not happen without tremendous dedication behind the scenes. Special recognition goes to their generous sponsors, producers such as Northern Lights Sanrillo Entertainment, YY Entertainment,

Tres Marias Productions, and others for successfully bringing this much awaited concert to Edmonton. Their hard work, meticulous planning, and commitment to providing quality

entertainment made it possible for the Filipino community to experience a world-class production close to home.

As the lights dimmed and the crowd left the venue with smiles,

songs, and unforgettable memories, one thing became clear: Edmonton is ready for more events that celebrate Filipino excellence and bring people together through entertainment.



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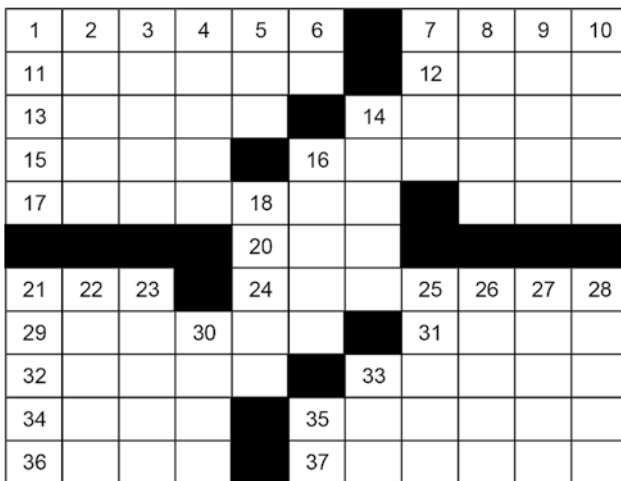
- 🇵🇭 The Olympic Path: Representing the Philippines on the global stage, targeting the 2030 Winter Olympics.
- 🏆 Breakout Season: Kicking off my international season at Cranberry Cup in Boston.
- ❤️ Grassroots Driven: Powered by community support, family dedication, and Filipino-Canadian pride.

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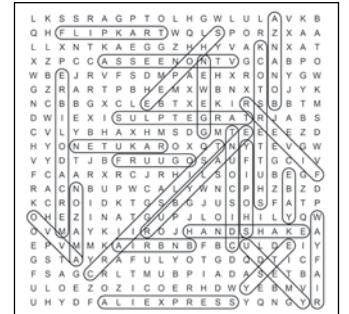
PAHALANG

1. Bulisli
7. Sukatan ng bilis
11. Di maramihan
12. Babaing Muslim
13. Produkto ng Paete, Laguna
14. Patnubay
15. Inaawit sa opera
16. Asawa ni Pres. Manuel Quezon
17. Abat
19. Hilahin (Ingles)
20. Klase ng uling
21. Bayad
24. Problema sa pabrika
29. Alaga ng sabungero
31. Urong-sulong
32. Sabi nila
33. Suno
34. Matamis
35. Bayad sa sasakyan
36. Panapin ng boxer
37. Suburbiya

PABABA

1. Muling sumpong ng sakit
2. Ipinid
3. Mapanghangad
4. Ningas
5. Bilang
6. Pang-ukol ng lugar
7. Palayaw ng lalaki
8. Laruan
9. Gamit sa bukid
10. Indak
14. Gastos
16. Kapara
18. Maraming gawa
21. Bayarin
22. Pangwakas
23. Beteranang aktres
25. Bintang
26. Lilo
27. Bati sa Hawaii
28. Kasangkapang pamantay
30. Init o sidhi
33. Special Administrative Region (daglat)
35. Philippine Army (daglat)

SOLUTIONS (JUNE 2026)



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Whistle Stop Golf & Campground
www.whistlestopgolfandcamp.com
 Hwy 833 Camrose, Alberta


Saturday August 22, 2026
 Tee time: 10:00 AM

Entry Fee:
 • \$110 per player

 Lots of prizes, food and fun!

 Contacts:
 Lito Roque (780) 951-0860
 Danny Dolores (780) 996-9175
 Lucy/Cesar Manuntag (780) 655-1190

CAMPING
 August 21 - 23




For Payments
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WINNER: LUCENIA ORTIZ



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Palabok (Thick Noodle)	\$65.00	\$80.00	-
Pancit Bihon (Thin Rice Noodle)	\$60.00	\$75.00	\$120.00
Pancit Guisado (Thick Egg Noodle)	\$70.00	\$85.00	\$130.00
Pancit Lug-Lug	\$70.00	\$85.00	-
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Beef with Mixed Vegetables	\$65.00	\$85.00	\$120.00
Gulay Guisado	\$65.00	\$85.00	\$135.00
Mixed Vegetable with Tofu	\$65.00	\$85.00	\$135.00
Pinakbet	\$70.00	-	-
Chicken Apritada	-	\$110.00	\$180.00
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Crispy Pata	\$58.00	\$80.00	\$115.00
Dry Garlic Ribs	\$60.00	\$80.00	-
Kare-kare (Pork Pata)	\$60.00	\$80.00	\$135.00
Lechon Kawali	\$80.00	\$105.00	\$150.00
Menudo	\$75.00	\$90.00	-
Sweet and Sour Pork	\$65.00	\$85.00	-
Beef Asado	\$80.00	\$105.00	\$150.00
Beef Caldereta	\$70.00	\$105.00	\$150.00
Beef with Broccoli	\$65.00	\$80.00	\$130.00
Kare-kare (Beef Oxtail)	\$75.00	\$120.00	-
Calamari (Deep Fried Squid)	\$75.00	\$85.00	-
Sweet and Sour Fish Fillet	\$75.00	\$100.00	\$150.00
Fish Fillet with Tofu and Mushroom	\$75.00	\$90.00	\$150.00
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Barbecue Chicken	-	-	\$160.00
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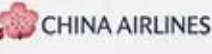


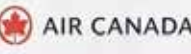
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MP Kelly McCauley at ang kanyang mga koponan ay handang tumulong sa inyong mga kailangan sa mga programa at mga departamento ng Gobyerno ng Canada. Ang aming opisina sa Edmonton ay handang tumulong sa anumang kailangan ninyo tulad ng mga sumusunod:

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We always look forward to hearing from you.

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